

Care that speaks
to *you*



Tabulam & Templer Homes for the Aged Inc.
31-41 Elizabeth St, Bayswater 3153
8720 1333 | ttha@ttha.org.au | ttha.org.au



A MESSAGE FROM THE CEO



Spring has sprung and what a welcome relief from the bitterly cold weather of winter. Spring is a time of new life, growth and new challenges which we welcome. We look forward to warmer weather, longer days and a sunnier outlook in the weeks ahead.

It really is hard to believe we are moving into the second half of 2019 and before we know it we will again be celebrating our much anticipated TTHA 'Weihnachtsmarkt' Christmas market. This year, our Christmas market will be held on Sunday 24th November from 10am to 2pm. There will be over 70 speciality stalls including a range of arts and crafts, hand crafted Christmas decorations; Exquisite candles; Handmade German style wooden decorations; Handmade soaps and lotions; Jams, chutneys and syrups, just to mention a few.

Many of the showcased items are not available elsewhere and adding to the bustling atmosphere will be an array of sweet and savoury German delights,

including genuine German chocolates; Freshly baked prezels and bread; Homemade cakes and tortes, Biergarten; professionally made coffee and much more.

**Christmas
Weihnachtsmarkt Market**

- GERMAN FOOD - RAFFLE & PRIZES - LIVE MUSIC -
- GERMAN CHOCOLATES - CAKES & COFFEE
- BIERGARTEN - HANDMADE CHRISTMAS CRAFT
- SPECIALITY MARKET STALLS - CHILDREN'S ACTIVITIES -

10AM - 2PM SUNDAY 24TH NOVEMBER 2019
51 ELIZABETH ST, BAYSWATER

ON-SITE PARKING AVAILABLE ON VICTORIA ROAD, BAYSWATER

For the kids there will be a dedicated entertainment area with face painting, a balloon artist, petting zoo and a visit from Santa. There is also a huge fundraising raffle with some fantastic prizes so please be sure to pick up some raffle tickets in reception or on market day. Our fundraising raffle would not be possible without the generosity of staff, families and the local community. TTHA would like to invite you or your business to be a part of our annual fundraiser by donating a

new item or service to the TTHA fundraising raffle. Cash donations are also welcome and all donations are fully tax-deductable.

We are seeking donations of:

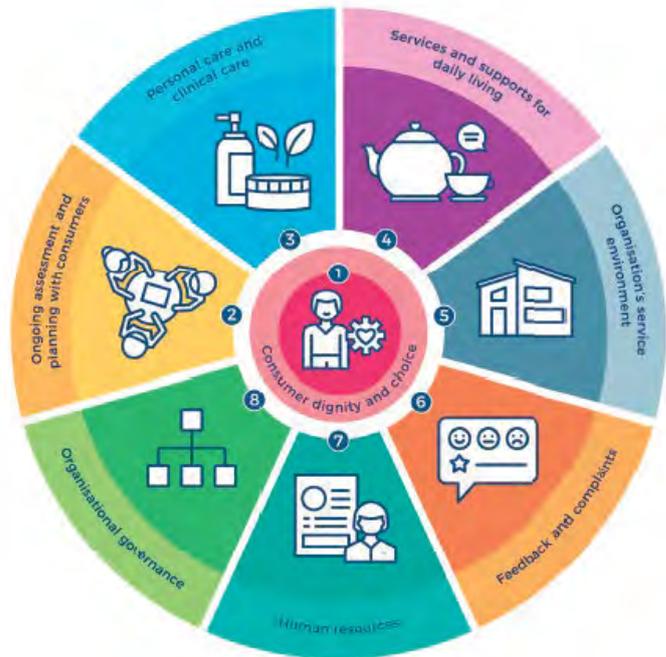
- Products (Must be brand new)
- A Service – please include the value
- Cash donations (all cash donations are tax deductible)

All donations will be recognised on social media, on our website as well as on our donations wall on market day. This is a wonderful opportunity to invest in your local community and build a better future for the residents of TTHA.

To discuss an item or service you wish to donate, or if you have any questions, please contact Anna McCandless on 8720 1333 or anna.m@ttha.org.au
Thank you in advance for your generosity and support.

There have been many changes and advances over the last couple of months in the aged care sector. While they keep us busy, we also welcome positive changes for those we care for. July 1st saw the Australian Government introduce the new Aged Care Standards, which TTHA has implemented. These standards (image right) will define what good quality aged care looks like and focus on the consumer (resident) and their choice. The new standards are not about a facility ticking boxes, but about caring for the consumer and their individual needs. These standards are across residential, retirement and home care, putting consumer choice at the highest priority. If you have any questions or concerns with

regards to these new standards please contact a member of our care team.



Winter is always a busy time for the home with many fantastic indoor activities for all residents and staff to revel in. Our Friday happy hour would not be complete without a special event to celebrate and cuisine pairing. The Queen’s birthday is always fun, with residents enjoying dressing up and feeling regal with the various crowns on offer while savoring in a beer or wine. Christmas in July is always a favorite here at TTHA as we just love Christmas and everything it brings. Why have one celebration when you can have two, no one wants to wait all year! Our residents enjoyed the festivities with a Christmas inspired menu at our Friday happy hour. Refreshments were paired with some festive treats, while residents were mesmerized by the singing talents of Lesley. Bastille Day, was yet another event our residents truly loved in our main dining room. Drinks and nibbles were appreciated while our residents watched a movie projected for their viewing

pleasure; 'Rick Steins' Regal and Intimate Paris'.



August 7th was 'Aged Care Employee Day', the official day to thank, honour, recognise and celebrate the hundreds and thousands of people who work in the aged care industry across Australia. I would personally like to take this opportunity to thank all of the caring staff here at TTHA, who go above and beyond to ensure such a high level of care is delivered each and every day. Well done team, keep up the good work! I would especially like to thank the International Volunteers who we farewelled in July. We would like to thank you for the year of service and we appreciate everything you have done and the relationships you have formed.

Tim and our Kitchen staff have been working hard in the kitchen producing the delicious dishes on our seasonal menu. Some of my favourites include the delicious array of soups to warm our bellies and our hearts. Along with the delectable stews and braises which we simply cannot get enough of, pork ribs with sweet potato croquettes, beer braised beef with potato rings and crispy skin chicken with garlic sauce are keeping

us all well fed and content. We encourage you to pick up your copy of the menu in reception when you're next at the home and see what's on offer. All visitors are always welcome for a meal, meal vouchers are available for purchase at reception as well as the café. The menu is also on display in A3 size at the entrance of every dining room for easy access for our residents and visitors.



We love to pair cuisine and culture here at TTHA and what a better way to do this than introducing 'cultural lunches. Our lifestyle team has recent celebrated different cultures through food and the residents are really enjoying this. Italy was highlighted with a delicious pizza lunch, Chinese has been a crowd pleaser with residents enjoying some rice and noodles and the typical Australian BBQ was also a hit, giving residents the opportunity to assist with the preparation, cooking and serving to both residents and staff.

Whilst we love our food, outings and celebrations, we also must address the more formal activities. During August we held our Independent Living Units' and Residents and Representatives' meetings.

These meetings are held regularly throughout the year and we invite and encourage our residents and their representatives to come along, be involved, contribute and hear about what's happening around TTHA. If you or a loved one would like to attend the next meeting, please speak to our Lifestyle team.

Our information and educational sessions are continuing at regular intervals throughout the year. 'Engagement and Information Session' was extremely informative for attendees. Wendy from Dementia Australia led staff, families, residents and representatives through an informative session on industry changes, feedback on what they want to see more of and the introduction of the new standards.

Staff also received training on the new standards. Sessions were led by Wendy from Dementia Australia who discussed in small staff groups what the new standards are, what they mean, how they will be implemented and what needs to change going forward. All staff found these sessions a fantastic open discussion, communicating how staff will support one another.

Spring brings some exciting celebrations which we usually enjoy with our Friday Happy Hour, residents love our themed days and dressing up. Some highlights of our spring events calendar include Halloween, Father's Day, Remembrance Day, AFL Grand Final, Melbourne Cup and Oktoberfest just to name a few. These

events will be celebrated with vibrant entertainment, delicious cuisine as well as some Flamboyant dress-ups to bring a smile and a laugh to everyone's faces.



As another wonderful and exciting season begins, we would like to invite you to come in and talk to us about your own or a loved one's aged care requirements. If you or a loved one wants to stay at home longer and need some extra support, why not give our Home Care team a call and see how we can help you with gardening, cleaning, personal care, medication management or social and emotional support. Our very experienced staff are there to answer all of your questions and assist you along the journey. If you would like to make a Home Care enquiry or for any of the services TTHA provides please contact us on (03) 8720 1333 or visit our website (www.ttha.org.au).

Enjoy a spectacular spring!
Eva Simo – CEO



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QUOTE OF THE SEASON



Spring

is nature's way of saying

let's Party!



WORK WITH US

Are you seeking a long and rewarding career within a caring organisation? Are you passionate about aged care? TTHA is currently looking for enthusiastic Registered Nurses, PCAs and Community Care Support workers. If this sounds like you, please send your resume to careers@ttha.org.au



TEMPTING TREATS CAFE

Tempting Treats Café is open 7 days, 11am to 4pm. Closed on public holidays. To make a group table booking, please call reception with the details 8720 1333. **We are currently looking for volunteers for our café. If you would like to volunteer, please contact reception on 8720 1333.**



TTHA Community Building Report and Update



The decision to build a new wing at TTHA followed approximately three years of planning and financial modelling. The intention is to then retire our two oldest wings being Tabulam

and Altersheim due to their age and non-suitability for high care needs. No decision has yet been made regarding the future of these two wings.

So what are we building?

The Building

The building has three levels:

1. The basement level houses the new entry, foyer, reception, administration office, ambulance/patient transport bay with separate entry, and approximately 24 undercover carparks. The main 'old' driveway will become entry only with a right turn into the undercover carpark, an under-cover drop-off area with direct access to reception, and a left turn directly up to what will be the Café carpark (this is the existing carpark in front of the current reception area). The undercover carpark will exit onto the Templer/TTHA shared driveway.

The Administration area will contain individual offices, workstations, a family meeting room, a staff room and amenities and a Board/Meeting Room. The Administration offices will be behind a secure entry from the foyer as will entry to the reception desk. The foyer (see

below computer drawing) will feature a centre piece tree sculpture honouring the oak trees planted by the Templers, representing the tree of life. The new building has been designed to protect this avenue of oak trees.



Visitors will enter the elevator from the foyer to visit their resident. The elevator is double sided so that resident movements by medical transport can occur directly from the ambulance bay in the undercover carpark. After hours entry by visitors will require video intercom access approval from the staff member on duty.

2. Accommodation Levels 2 & 3

There are two accommodation levels in the new building. Both levels contain 27 bedrooms for residents (54 for the building). Four bedrooms on each level face east overlooking the Dandenong Ranges and are 'Premium' rooms much larger than the 'Standard' rooms. All rooms are a generous size. The rooms on the interior side of the corridors look into an internal atrium space allowing daylight in. All rooms have an external small balcony with a door entry to allow fresh air when desired.



View from the top of level 2

Each of the two accommodation levels have a large dining room and lounge room. Level 1 dining room opens up onto a large balcony that will be equipped with outdoor tables and chairs. This balcony also has an electric louvered roof for rain protection. Level 2 has a smaller balcony for outdoor sitting. These dining and lounge rooms will service both the new building and the connecting Warrina rooms.



Typical Dining Room



Typical Lounge Room

Each accommodation level will have a 'warming kitchen'. The existing main kitchen will continue to prepare all meals that will be transported to the warming kitchens in heated 'pods' and transferred directly into built-in bain-maries. Adjacent to the dining rooms are the nurses stations and are open fronted (as seen at the rear of the above Dining Room picture). These nursing stations will service both the new building and the connecting Warrina rooms. The two accommodation levels of the new building link directly into the corresponding levels of the Warrina wing. Pass code access will still be available for visitors going to Otto Lobert Wing through the current main entrance.

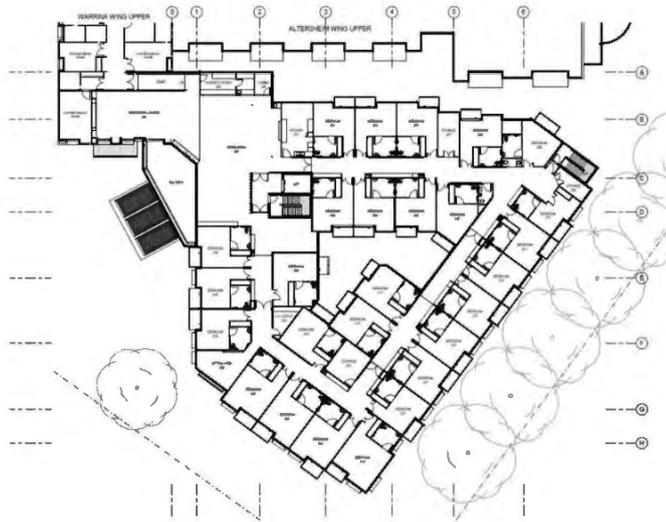
3. Current Foyer and Administration Re-development

Once the occupancy certificate has been achieved on the new building, administration staff will move to their new office. The current admin area will be redeveloped into a café that will be open and directly accessible to the public via a separate front entrance. This café will be a secure area so that the general public cannot gain entry into the home. Residents will be able to internally access the café via an internal key pad door. There will be dedicated public toilets within the café area. The café will stretch from the back of the current board room wall through to the right of the current main entrance. The rear wall of the current board room will feature a Templer History Wall. To the left of the current main entrance will be a theatre for about 24 residents.

The current café including the outside balcony will be converted into a community/family dining and function room available to book for activities and family get-togethers.

4. Typical Floor Plan

The floor plan for level 2 is below. Level 1 floor plan is very similar and all bedrooms are the same.



5. Other features of the development

- Each bedroom in the new development will be air-conditioned, heated by hydronic heating, have an Australian built king single bed, and a wall mounted 50 inch smart television. The Television will allow messaging such as daily weather and menu's and access to applications such as Netflix, Kayo, Foxtel and will be able to stream German (and other nationalities) television. We will gradually up-grade Otto Lobert and Warrina wings as budget permits.
- We are upgrading our electricity sub-station and at the same time installing a 750kva diesel generator to secure the energy supply to the residential home in case of power failures (that are expected to become more frequent). Unfortunately

we cannot extend this to the ILU's as they are metered separately.

- We have tried to keep our carbon footprint in mind with this building:
 - o The windows are all double glazed and additionally are what is called 'thermally broken' which limits the transference of heat from the outside through the frame.
 - o We are installing two 25,000 litre water tanks that will be used to flush all the toilets in the new building;
 - o We are installing a further 100kws of solar panels on the new roof that takes our total solar capacity to 200kws.
 - o We were required to install what is called a 'Rainwater Garden' albeit reluctantly due to the \$300k price tag. The rainwater garden is essentially a depression (hole) in the natural ground level that gathers rainwater runoff from surrounding driveways, paths etc. (essentially any impervious area). It slows the flow of rainwater into the storm water system by using three layers, Filter (top) Transition (middle) Drainage (bottom) giving the opportunity for water to be absorbed naturally into the ground and used by planting. Many of the plants in the garden will be natives, and have extensive deep roots that help the garden absorb rain.

6. Economics and Finance

- The budget for this project is \$17,950,000.00 and we expect to come in marginally under this budget. The scheduled practical completion date of the new building is the 17th February 2020 which is 3 weeks later than the contract

states primarily due to rain and heat delays.

- The project is being financed 100% from TTHA financial resources without the need to borrow from a bank or TSA. This is possible as TTHA has been generating surpluses since the restructure in 2011/2012 and from the Residential Accommodation Deposits (bonds) on the existing rooms.

- Aged care is regulated by the Federal Government. The mandated system requires that residents (subject to a means test) pay a 'Residential Accommodation Bond' (RAD) for the room they occupy. TTHA adopts a staggered range of RAD's depending on the size and location of the room. The 'Premium' rooms (8 such rooms) in the new building will attract a RAD of \$800,000.00 with other rooms ranging from \$500,000.00 to \$650,000.00. The individual room rates will depend on size and location in the new building.

- There will be a need to move residents around and we will try to minimise this. TTHA will engage with residents and families in this regard during the lead up to Christmas. TTHA will develop a detailed transition plan over the coming months and this will be discussed with those affected well in advance of any moves. The occupation of the new building will occur progressively.

- Otto Lobert Lower will become the designated secure memory support area for residents.

- Existing residents will be offered rooms in the new building at the new RAD rates. No resident will be forced to pay a higher RAD and we envisage a series of

moves between the two de-commissioned buildings and Otto Lobert and Warrina wings.

- Residents and families do need to keep in mind that RADs are 100% refundable after a resident leaves the home.

7. Other Considerations

This project is fundamentally important to the future of TTHA. With the move to 'consumer directed care' and the strategy to support people at home with home care packages, people are entering residential aged care much later. So we are dealing with residents who need higher care. Shared rooms, other than for couples are not acceptable anymore and everyone requires a private bathroom.

We very much appreciate the patience and co-operation of residents and their families, staff and our Templer and neighbours in Elizabeth Street. We work carefully with the builder (Total Constructions) to minimise interruptions particularly associated with major deliveries and the use of some very large cranes. The remaining major deliveries are the steel sheeting for the roof, we expect the roof to have been installed by the date of this AGM and the building to have reached lock-up as all windows are now on site and are being installed.

We thank all involved and affected by this project and look forward to show-casing it to you all in the near future.

Paul English
Chairman TTHA



Clinical Update



Its hard to believe that spring is here because the clinical team has been so busy of late. Our Birch Pathways Project continues and we are continuing to work together with Dementia Australia to be able to

provide best practice quality care. Part of this we have had ongoing sessions with Dementia Australia including the 'Family Engagement Information Session' held with residents, relatives and staff on 11th June; The 3 day 'Dementia Essentials' training with staff in July and the new standards training held for all staff throughout July, has provided continuous improvements, upskilling and training.

The new standards are now in place and you would have seen the posters which have been placed around the noticeboards. These posters outline the new standards, being:

1. Consumer dignity and choice
2. Ongoing assessment and planning with consumers
3. Personal care and clinical care
4. Services and supports for daily living
5. Organisation's service environment
6. Feedback and complaints
7. Human resources
8. Organisational governance

These standards commenced on the 1st July 2019, and we at TTHA have been reviewing all of our policies and procedures ensuring they are in-line with the new standards. The new standards

refer to the residents as "consumers" which you may have seen in some of the communications sent from us which focus on consumer choice.

We encourage everyone to provide feedback and concerns to assist in providing an opportunity to improve the care we provided. Feedback can be provided through the green feedback forms located at reception, in front of the cafe and close to the nurses stations in all areas; also please feel free to contact any staff or myself who can assist you in voicing your feedback. Alternatively the Elder Rights Advocacy can be contacted to assist you in voicing your concern, they will support you in having your voice heard. Their contact details can be found on noticeboards and their brochures are available at the reception.

As of the 1st July 2019 the new charter of Aged Care Rights took effect. The new charter, has been incorporated into all new resident contracts. Current residents will shortly receive a visit from the care team to go through the charter with themselves and/or their nominated representatives. You can find the Aged Care Charter of Rights Brochure at reception and you are welcome to visit myself if you have any questions regarding the new charter of rights. Enjoy a sunny spring everyone!

Sara Jahanara
Director of Care



LIFESTYLE

Art Classes with June

We are always delighted when June visits to run art classes with residents in Tabulam. June visits twice a month and conducts a different class each time. Residents really enjoy the time to be creative and learn new techniques. The beautiful creations which come from these classes are being used to decorate the walls of Tabulam.



Cancer Council Afternoon Tea

Australians Biggest morning tea which raising funds for a cancer-free future was celebrated with a yummy high tea. Residents were served delectable mini treats while blissfully enjoying the afternoon listening to Pastor Christoph playing guitar and singing some of our favourite tunes.



Mother's Day Happy Hour

TTHA celebrated our mother's in style with a special Mother's Day Happy Hour. Residents were entertained with some magical music from Loxley while they shared a beer or wine and enjoyed some delicious nibbles. Each mother felt truly spoilt and just loved receiving a special gift from staff.



'Evergreen' German Choir Visit

We are always delighted when we have the Evergreen German choir visit us. Their enchanting voices are so magical and such a favourite of our residents. Happy hour was a joy with residents enjoying their

nibbles with a beer or wine and singing along to their favourite classic tunes. Thank you again Evergreen choir and we await your next visit.



Arm Chair Travel with John and Lottie

Arm chair travel is such a joy when we have the opportunity. Staff and residents who have travelled to exotic places and captured some spectacular photos enjoy sharing those with residents upon their return. ILU residents John and Lottie came and shared with residents about their recent holiday to Europe. Their photos were simply stunning which encouraged residents to reminisce about their own childhoods in Europe.



Queen's Birthday Happy Hour

The Queen's Birthday happy hour is always a favourite as residents enjoy looking regal for one afternoon, donning a crown while sipping a wine and enjoying nibbles. The acapella group 'East City Sounds' performed and residents enjoyed refreshments and a Devonshire tea.



Sing-Along with Pastor Christoph

Pastor Christoph is a real favourite here at TTHA, residents really relish in his visits. A recent visit saw Pastor Christoph conduct a sing-along with residents where everyone enjoyed singing old German songs and Hymns.



Bus outing to Mont De Lancey

A recent visit to Mont De Lancey was met with a lot of excitement. Residents were fortunate to have a fantastically sunny day for the outing to the Historical Homestead in Wandin. Residents enjoyed a tour of the grounds and a delectable picnic lunch.



Bastille Day Happy Hour

Happy hour comes alive every Friday, especially when we have a theme to celebrate. Bastille Day was a fantastic celebration for our happy hour with the main dining room dressed in red, white and blue. Drinks and nibbles were shared while a movie was shown on the big screen 'Rick Steins' Regal and Intimate Paris'.

Men's Group Outing to Gembrook Motor Museum

Our men's group have been spoilt with their outings of late with a fantastic trip to the Gembrook Vintage Motoring Museum and with a tour from the owner. Residents wandered through the vintage and classic cars with delight. They enjoyed talking about the cars they had owned and then a BBQ lunch and drinks at the Park across the road.



Sowing Seeds for Spring (Indoor Gardening)

Winter is a time for warm indoor activities and that's what our Tabulam residents

have been enjoying. Residents have been enjoying 'sowing the seeds for spring' on a fortnightly basis, in preparation for spring planting. This wonderful sensory experience has been adored by all and has seen some delighted faces in our residents. Residents have been working together to sow the seeds while reminiscing about their enjoyment in their own gardens and what they used to plant. Come spring, our residents will move outside to plant these seedlings in our planter boxes.



Christmas in July

Christmas comes alive not once but twice here at TTHA with our wonderful 'Christmas in July' festivities. Why wait all year, for the delicious food, decorations and music which we all love so much? Thank you to Lesley who gave a magical performance at our Friday happy hour, bringing to life, all of our favourite Christmas carols. Our kitchen prepared some deliciously traditional Christmas fare which was paired with a favourite beverage.



IV's Farewell

All good things must come to an end and we had to say goodbye to our International Volunteers of 2018/2019. We celebrated our IVs at a special Friday happy hour where residents and staff said kind words, wished them well and gave them gifts. We thank Leon, Julia, Robin and Till for their efforts for the 12 months and wish them all the very best for their future endeavors.



Melbourne Museum Outing

Residents were delighted to visit the Melbourne Museum recently with its many exciting exhibitions. The exhibitions really captured the attention of the residents who could not believe how much the museum had changed. A picnic lunch was enjoyed after a lovely stroll around the many special spots.



EMPLOYEE OF THE MONTH

Congratulations to our employees of the month. We thank you for your contribution to the TTHA family.



Susana Lammertsma – June

MONTHLY ACTIVITIES

Bus outings – Monday's Tabulam, Wednesday's Scenic Drive and Friday's a shopping trip.

Pet Therapy with Pam every Wednesday

Catholic Church Service is held the first Wednesday of the month with **Coffee Group** every other Wednesday.

Happy hour is every Friday

Gentle Exercise every Tuesday and Thursday.

Bingo every Monday

For more information or to get involved contact Sam Singh

E: sam.singh@ttha.org.au

M: 0430 494 169

Sam & The Lifestyle team



Robert Arbuckle – July

KITCHEN UPDATE

It's been a very cold winter but spring is here and we are beginning to warm up. Thanks to everyone for your feedback on our recent food survey's, it's been really valuable in the planning process for the new menu. I have just finished creating our new spring/summer menu and I'm really excited. We have a huge variety of dishes giving residents a vast array of choice and flavours. All of the meals served here are made fresh daily in our kitchen, dietician approved and with the best quality seasonal produce. The kitchen team are a fantastic team who work tirelessly to deliver quality home-cooked delicious meals with exceptionally friendly service.

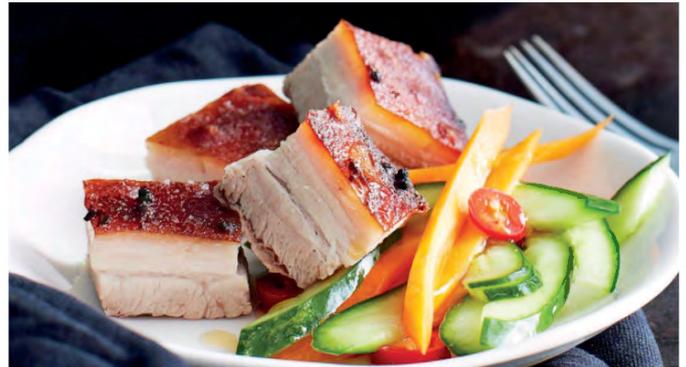
The two mains meals which I've chosen to highlight on our new menu are stuffed tomatoes with beef mince, fresh herbs and twice cooked pork belly with Chinese five spice served with pickled vegetables and steamed rice with sultanas and cinnamon.

I personally have a sweet tooth so I also have to mention some delicious desserts to look forward to as well. We have a baked lemon cheesecake with whipped cream and coulis and an ice cream sundae with roasted peanuts, topping and a waffle stick.

Tim & The Kitchen team



Stuffed tomatoes with beef mince & fresh herbs



Pork belly with pickled vegetables & rice



Baked Lemon Cheesecake and whipped cream



Ice cream sundae with peanuts, topping and a waffle stick

SOCIAL SUPPORT GROUP

Our Social Support Groups have been looking for a little warmth and shelter from the rain recently. These recent weather conditions have meant that we've visited a few different shopping centres for our morning coffees where clients have been able to go for a wander or shop in comfort.



Some of the other favourite winter venues have been; the Ringwood RSL, Lilydale Museum, Sofia's in Burwood, Maxi Foods and the Royal Hotel, Grants picnic ground, Morning Melodies at the Mountain View Hotel, the Emerald Bakery and Elevation, Wheelers Hill Hotel, Kuranga Nursery and the Eastwood Golf Course bistro.



We now have some vacancies on a Wednesday and Thursday if you or a loved one would be interested in joining our fun group. Our outings vary to suit the groups needs and interests so if you would be interested in finding out more please contact the team. Just call in to see us in the Community Care Office or phone: 8720 1338 during office hours.



Susi Richter & SSG Team



ACCENT HOME CARE

We enjoyed VMC Film festival in May this year. We watched a few short films and voted at the end of the competition. It was fantastic to meet up with creative film producers, other home care service providers, Victorian Multicultural Commission members and Mayors.



On 25th July, the staff in Community Care held an appreciation afternoon tea for Peter Royce, who was one of our personal support carers as he retired in July. We wish him all the best for the new chapter in his life and thank you for your service. We also farewelled our volunteer Robin Kohlrausch who helped us in our office for the last few months. We wish her all the success with her university studies upon her return to Germany.



This year, is our 8th year of operation as home care service providers. We have successfully assisted hundreds of home care package recipients remain independent and living at their own homes. We are encouraged by the growth of the number of packages and are hoping to see many more success stories in coming years.

Accent Home Care had its Quality Review Audit on 4th June 2019. These audits are conducted every 3 years by Aged Care Quality and Safety Commission to ensure that home care providers are meeting the requirements and standards. This year we are proud that we met all the standards. Our next audit will be in 2022.

Accent Home Care's goal is to assist clients to remain independent in their own home for as long as possible. Should you wish to discuss a home care package in more detail, please feel free to contact our office at 8720 1338 or homecare@accenthomecare.org.au to make an appointment for a free consultation.

**Your Accent Home Care Team
Gabi, Monika, Pat, Prue and Kris**



TTHA ILU ACTIVITIES

During the cooler months ILU residents chose indoor activities to stay warm and comfortable.



In May we enjoyed a guided tour through the Box Hill Town Hall and Art Gallery. Here we discovered some interesting history and viewed the famous White Horse Statue which used to be outside the Town Hall, as well as the photographic exhibition at the Art Gallery. A talk at the Box Hill Historical Society next door was also very interesting and brought back memories for some of us. This was followed by a scrumptious high-tea-style lunch and the highlight of the day: an inspection of the old council chambers.



The month of June saw us attending a concert: "Tenori - Timeless" at the Knox Community Arts Centre. The combination of three tenors presenting an excellent range of musical entertainment and comic emceeing was truly enjoyed by all. The lunch at the Bayswater Hotel, that followed, gave us all a sense of community and togetherness.



Our social functions such as 'Kaffeeklatsch' (Coffee Group), German speaking ladies' group and drinks and nibbles are as popular as ever. All ILU residents are welcome to join in any of the activities and if you have suggestions for excursions or if you or a loved one want to know more, please contact a committee member.

Lynda Catlow 9761 3850
Lottie Hohnholt 9720 7375
David Perry 0439 455 553
Alwine Steltenkamp 9729 8584

Your ILU Activities Group



Spring Lifestyle Events





HALLOWEEN
25th October
Happy Hour



**Melbourne Cup Hat
Parade & Concert**
1st November happy hour
Main Dining Room



Remembrance Day
7th November
Main Dining Room
Lest We Forget



Christmas

Weihnachtsmarkt Market

- GERMAN FOOD - RAFFLE & PRIZES - LIVE MUSIC -
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10AM - 2PM SUNDAY 24TH NOVEMBER 2019

51 ELIZABETH ST, BAYSWATER

ON-SITE PARKING AVAILABLE ON VICTORIA ROAD, BAYSWATER



A CALL FOR DONATIONS

FROM TABULAM AND
TEMLER HOMES INC

TTHA Christmas 'Weihnachtsmarkt' Market – 24th November 2019 Call for Raffle and Silent Auction Donations

Tabulam and Templer Homes for the Aged Inc (TTHA) is proud to host the annual Christmas 'Weihnachtsmarkt' Market, 24th November 2019. A not-for-profit community event fundraising for the TTHA Lifestyle Program and new virtual reality walls for our residents living with dementia.

The TTHA annual Christmas Market is the largest fundraising event for the home and requires support from the community and businesses in order to be a success. TTHA would like to invite you or your business to be a part of our annual fundraiser by donating a new item or service to the TTHA fundraising raffle and silent auction. These items will then be raffled or auctioned off to raise much needed funds for the home. Cash donations are also welcome and all donations are fully tax-deductible.

We are seeking donations of:

- Products (please ensure to include value)
- Services (please ensure to include value)
- Cash donations (all cash donations are tax deductible)

In exchange for your donation you will receive:

- Recognition on our social media platforms
- Recognition on our website
- Recognition on our social media platforms
- Recognition on our donation wall at the market
- Recognition on our website
- Recognition in our market booklet
- Recognition on our donation wall at the market

• Recognition in our market booklet

This is a wonderful opportunity to invest in your local community and build a better future for the residents of TTHA.

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To discuss the item or service you wish to donate or if you have any questions, please contact Anna McCandless on 8720 1333 or anna.m@ttha.org.au

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Thank you in advance for your generosity and support.

TOGETHER WE CAN MAKE A DIFFERENCE



Make a Difference – Donate to our building project

I would love to become part of the TTHA Community and make a huge difference to the lives of others.

I would like to donate with a: cheque cash credit card

I would like to make a donation of: \$10 \$30 \$50 \$100 Other: \$ _____

Credit Card Details:

Mastercard Visa AMEX

Card Number: _____ Expiry date: _____

Name on card: _____ CVC: _____ Signature: _____

TTHA IS A NON-PROFIT ORGANISATION. DONATIONS OF \$2 AND OVER ARE TAX DEDUCTIBLE

Your donations will greatly contribute towards TTHA’s commitment to improve the lives and wellbeing of our residents through activities, resources and the ongoing development of our facility and services. Your contribution *will* make a difference.

Mr./Mrs./Miss/Other _____ Name _____

Address _____

Suburb _____ State _____ Postcode _____

Phone _____ Email _____

Confidentiality and Privacy: TTHA respects your privacy. By providing your email address you will automatically be added to our Newsletter distribution list. If you prefer not to receive our communications, please unsubscribe. We keep your bank account details confidential. **Address:** 31-41 Elizabeth St, Bayswater, Vic. 3153. **Telephone:** 03 8720 1333 **Fax:** 03 9729 9356 **Email:** ttha@ttha.org.au

Make a Difference – Leave a gift in your Will.

A bequest is a gift made as part of your Will. It can be money, shares, property or other valuable items. In addition to leaving a gift in your Will to family and other loved ones, we invite you to consider a gift to TTHA in your Will. With a legacy donation you will pass on a helping hand to the residents of TTHA who need it most. Your bequest will make an unforgettable difference to our facility, ensuring you enrich the lives of those living at TTHA. We welcome the opportunity to discuss how your financial support can make a difference to TTHA and how you wish to be remembered.