



A MESSAGE FROM THE CEO



Summer has slowly drifted away, and while our days stay warm and somewhat comfortable of late, the hint of Autumn is just around the corner. Before we know it, we'll be raking up those beautifully coloured leaves of oranges, browns and yellows while resting in the gentleness of the lovely Autumn breezes.

Wasn't it just yesterday that we were celebrating Christmas? 2023 was an eventful year, and we always finished off with a bang at with wonderful Christmas celebrations. TTHA and Accent Home Care celebrated Christmas festivities with a luncheon at Riverlea Estate to give members of our community a deserved break from their care and volunteer duties and the opportunity to socialise with others. The event was made possible due to recent additional respite for carers funding to support those in the community caring for others. All participants had a wonderful time chatting with old and new friends.

Our residents had a delicious lunch prepared by our kitchen while enjoying music and dancing.

The residents festivities were washed down with a special Christmas happy hour.



In December, we were excited to celebrate our staff Christmas party. The staff Christmas party is an opportunity for our team to get together, celebrate the year's successes and receive awards for years of service and shining stars. Our Shining Star Awards celebrate staff members who have shown the Shining principles of 'be aware', 'be brave', 'be at your best', 'be happy' and 'be innovative'. These principles are the core set of principles our staff show daily. I want to take this opportunity to congratulate Cerie Saunders, Judy Wong, Joanne Burke, Jessica Garcia and Jessica Freeland, who were awarded shining star awards as voted by their peers. Well done to all award winners, and keep on shining every day!



We are so blessed to have our International volunteers program! We love how these youthful volunteers enrich the lives of our residents. We recently took our international volunteers on an engagement outing at Stevenson Falls. It was a stunning day to be out in nature, getting to know each other more and enjoying the sunshine. We finished the day with a delicious lunch in Warburton. Thank you to our international volunteers for all of the beautiful work you do.

Looking forward, preparations are already well underway for another eventful year ahead. Plans are certainly afoot for another tasty year in our kitchen! Each month includes a nominated international holiday or celebratory event to highlight our multicultural community and the delicious and varied cuisines we are fortunate to taste and share. Gus has recently released a new menu with delicious meals which will tantalise the tastebuds!

Spirits are high here at TTHA, with new hopes and dreams for the coming year. Our staff have returned from a well-earned break, fresh and looking forward to the new year's excitement.

Our Engagement have been busy planning a fresh calendar for 2024 that caters to all

interests and abilities. Our team encourages residents to participate in activities of their interest and loves receiving suggestions on what residents want to see on the calendar.



Our Engagement and Kitchen teams delight in pairing special days on the calendar with cuisine. So be sure to get a copy of our Engagement calendar to view which cultural events we celebrate, and the delicious cultural fare offered. Australia Day is a perfect example of one of these events. Our Engagement and kitchen teams hosted an Australia Day BBQ where a delightful array of food was shared while enjoying the company of friends. Cultural decorations and music always accompany these events, adding to the atmosphere.

We also couldn't help but share the love on Valentine's Day. While romance and the aroma of red roses filled the air, our residents were delighted with a romantic movie, entertainment and a glass of wine or a beer, with some delicious sweet treats. It's always wonderful to see our residents get involved in these activities, bringing them joy and lots of smiles.

Autumn brings some of our favourite celebrations, including Mother's Day; we always love spoiling all the mothers at TTHA. They are made to feel special with gifts and treats on the day. International Nurse's Day

and National Volunteer's Day are also a time of appreciation for all the beautiful carers and volunteers who give so much time and share so much love.



Anzac Day is always a moving reflection of remembering those we have lost and those we wish to remember. St Patrick's Day will also be celebrated in Autumn, with some vibrant entertainment, delicious nibbles, and flamboyant dress-ups to bring a smile to everyone's faces.



When you visit us next, please drop by our Café and enjoy alfresco dining in our beautiful outdoor area, always drenched in sunshine. We are licenced to serve beer and wine, and

we encourage you to stop by and look at our wine and beer menu.



If you would like to make a home care, residential aged care or retirement living enquiry, don't hesitate to contact us at (03) 8720 1333 or visit our website, www.ttha.org.au and for home care, www.accenthomecare.org.au. Our experienced staff are there to answer your questions and assist you along the Journey.

Enjoy a beautiful autumn!

Eva Simo - CEO



CEO's Welcome	Pg 1	Engagement Update	Pg 12
Quote of the Season	Pg 4	Kitchen Update	Pg 17
Work with Us	Pg 4	Quality	Pg 18
Changing Seasons Cafe	Pg 4	Volunteer Interview	Pg 20
Accent Home Care	Pg 5	Volunteer Program	Pg 22
Social Support Group	Pg 7	Donations	Pg 24
Clinical Update	Pg 10		

QUOTE OF THE SEASON



CHANGING SEASONS CAFE

Changing Seasons Cafe is open from 9 am to 3.30 pm, Monday to Friday, Saturday and Sunday from 9 am to 4 pm. We have a new seasonal menu, and we now serve beer and wine; we look forward to serving you! www.ttha.org.au/changing-seasons-cafe/. Or 'like' the Changing Seasons Cafe Facebook page @ChangingSeasonsCafe.



WORK WITH US

Are you seeking a long and rewarding career within a caring organisation? Are you passionate about aged care? TTHA and Accent Home Care seek for enthusiastic Registered Nurses, PCAs and Community Care Support workers. If this sounds like you, please send your resume to careers@ttha.org.au or apply online at www.ttha.org.au/careers.



ACCENT HOME CARE



As we embrace autumn and say goodbye to the hotter days, we need to consider for many that summer has been a challenge in more ways than one. This edition will examine some of these challenges for older people living at home. I will also share

some insights from Accent Home Care's Quality Audit Performance Report, which we recently received from the Aged Care Safety and Quality Commission.

Surviving extreme weather events

With summer now behind us, many are reflecting on its toll on them. By mid-February, 46 homes were destroyed by bushfires in Victoria. Also, the same month, we had half a million Victorians lose power to their homes, with storms wreaking havoc. Unfortunately, lives were lost during February due to these extreme weather events. My deepest sympathy goes out to those impacted, especially to the families who have lost loved ones.

If you receive a Home Care Package, I encourage you to review how you will respond to an extreme weather event. Do you live in a high-risk area that may be impacted by flood or fire? Do you have a written plan for responding to extreme weather events,

and do the significant people know your wishes? If you have a plan, is it up to date, where is it kept, and do others know where to find it? These questions are essential to consider.

Extreme weather can impact infrastructure such as roads, water and electricity supply. Electricity can be essential for those with care needs. Having a refrigerator to keep medication below a specific temperature, using an oxygen concentrator to assist in breathing, and power equipment such as lifting hoists and recliner chairs for mobility. How will you respond in an extreme weather event that may impact utilities such as electricity, and what is your plan? If you need assistance to obtain resources to address extreme weather events or if your care needs have changed, speak with your care advisor, who can assist.

Accent Home Care Performance Report

Between the 12th and the 15th of November 2023, Accent Home Care was assessed against the Aged Care Quality Standards by the Aged Care Quality and Safety Commission. The assessment outcome is a report detailing the Commissioner's assessment of Accent Home Care's performance. The report assesses separate standalone services as part of the Commonwealth Home Support Programme (CHSP), which includes the social support group, personal care, domestic assistance and nursing, and when multiple services are combined to create a Home Care Package (HCP). The Aged Care Quality Standards requirements are assessed as either compliant or non-compliant.

The performance report involved assessors attending the Accent Home Care office, observations of staff, review of documents, and interviews with staff, consumers, and their representatives, as well as other people.

A Summary of the Performance Report

The assessors determined that Accent Home Care complies with all relevant standards for the HCP and CHSP service. The report stated no specific areas were identified in which improvements must be made to ensure compliance with the Quality Standards.

The report provided examples of how Accent Home Care provided consumers with dignity and choice when providing care and services. The report detailed how the service offered ongoing assessment and created care plans in consultation with the consumer. The level of quality in personal and clinical care was highlighted, and when things did not go according to plan, the report detailed the appropriate response of Accent Home Care. The report also documented the organisational Governance framework and how the Board had a comprehensive oversight of Accent Home Care. The following are some quotes from the report:

‘Consumers and representatives reported how the service supports them in doing things they otherwise may not feel comfortable doing, such as attending dance classes and accessing the community.’ Page 5.

‘Consumers and representatives advised that they are confident that staff would be able to identify and respond if a consumer’s health suddenly deteriorated.’ Page 9.

Due to the length and comprehensive nature of the report, more information needs to be provided in this edition of TTHA Views. If you have access to a computer, you can go to the following website and search for the report at <https://www.agedcarequality.gov.au/service-and-reports> or contact your Care Advisor, who can email you the direct website link for the report.

Until next time, keep well and don’t hesitate to contact the Accent Home Care Office if we can assist. You can reach us by telephoning (03) 8824 1000 or email [Accent services@accenthomecare.org.au](mailto:services@accenthomecare.org.au)

Nick Grakini
General Manager Community Services



Refer a friend to Accent Home Care and be rewarded with a \$100 voucher of your choice! Get in touch with us today to hear more (03) 8824 1000.

SOCIAL SUPPORT GROUP

Our social support groups have some fabulous outings. We have been reminiscing about our fabulous Christmas outings and celebrations. The Social Support Group Christmas celebration took place at Grants Picnic ground for morning tea, followed by a stop at the Wandin Cherry farm to buy fresh cherries for Christmas. This was followed by lunch at the much-loved Rose Cottage with a delicious Christmas lunch.



Thank you to Anja from PhoCo Muromatic for their generous donation to our Social Support Group. This was a Christmas gift for all of our Social Support Group clients, and Anja designed and printed it free of charge. Tagesvagabunden (Daytime Wanders) 2023 was printed on the tea towel, along with a beautiful image. Thank you so much, Anja!



Before Christmas, our social support group went for a special night out to Road to Bethlehem. An immersed depiction of the

Christmas story. We had lunch before the show at the York on Lilydale and enjoyed the show after dark, walking through the performances. Our consumers loved the various presentations and the experience.

We love new and fun experiences. Our Social Support Groups visited the historic Sandringham Beach Kiosk for a delicious morning tea. This was followed by a walk along the beach through the sailing club, where all the clients chose a yacht they liked. Unfortunately, we had to leave them there! Then we went out on the Stonewall jetty for fantastic city views. A yummy lunch was enjoyed at The Sandy.

If you or a loved one would like to join one of our social support groups, please contact a member of our caring staff at 8824 1000.

We hope you enjoy these photos from our recent outings!

Susi and the Social Support Group Team



TTHA AUTUMN NEWSLETTER 2024





CLINICAL UPDATE



Happy New Year from the Care Team.

Looking back, Residential Aged Care had abundant Christmas and New Year festivities during November and December. Many

parties and celebrations took place, which were enjoyed by all.

As we move into 2024, we focus on ensuring we provide care to our residents to an excellent standard. To empower our RNs, we have provided documentation group sessions to discuss and learn from each other. These were very fulfilling for all involved, and everyone took away extra knowledge and a closer bond with each other.

This year, we are focusing on IT improvements. We started with a massive project to integrate our current Clinical Management system with the catering system used by the kitchen, which will minimise the use of paper based documents and improve communication to the catering team regarding resident dietary preferences. This is the start of changes in the dining experience, which will be a focus in this coming year.

We are in the process of upgrading our electronic medication charts to a 3 way integration between the prescribing GP, the pharmacist and the nursing staff onsite. This will be a change to current medication management processes and will see an improvement in prescribing and supplying residents with medications. The nurses, in particular, are excited by this change, which will improve our current systems.

As we head into 2024, COVID is still an infection that is taken very seriously. Rapid testing of all visitors continues, and if anyone is positive, they are not allowed entrance into the facility.

Some changes have been made concerning mask-wearing and visitors. All staff only wear masks when attending personal care in the residents' rooms. Family members can enjoy the company of their loved ones in common areas but preferably at a separate table from other residents. Visitors are no longer required to wear masks and can enjoy meals with loved ones.

The above is subject to ongoing changes depending on government guidelines and whether we have an active outbreak. All visitors are provided information from reception when they visit. You will receive requests for consent as we head into vaccination season for additional COVID boosters. If you know whether additional doses are wanted or not, please email ccc@ttha.org.au to provide your response; this will save time when the GPs have the stock to administer.

We continue to offer external allied health services such as dental reviews, optometry and audiology. If you wish any of these services to be available to your loved one, please get in touch with the clinical team so we can arrange an appointment.

We continue to report the RNs' 24/7 minutes to the government monthly and have registered nurses in the facility caring for your loved ones at all times.

Amanda Walker
Acting Director of Care



TTHA AUTUMN NEWSLETTER 2024



ENGAGEMENT UPDATE

Scenic Drives

Every week, residents from our memory support unit enjoy a scenic drive. Residents request where they would like to go; this month, we have gone to lookouts, driven up to Olinda, down through Sasafrass, and drove through Ringwood to look at the station. These drives allow residents to reminisce, spark conversation, and sing on the bus.



International Volunteers

We recently took our international volunteers on an engagement outing at Steavenson Falls. It was a stunning day to be out in nature, getting to know each other more and enjoying the sunshine. We finished the day with a delicious lunch in Warburton. Thank you to our international volunteers for all of the beautiful work they do.



Christmas Market

What an amazing day our annual Christmas market was! We are so blessed to have such an awesome team. From residents, families, staff, stall holders, volunteers and our fabulous community. THANK YOU! A HUGE thank you to the TSA! The market is not possible without you. Your support is so great. We hope your Christmas was as wonderful as ours!



Saint Nikolas Day

Each year on the evening of the 5th December/ morning of the 6th we celebrate Saint Nikolas Day at TTHA.

This year, we had our lovely engagement coordinator go around and place small boots outside the residents room which were filled with chocolate for all to enjoy.



Le Pine Horses

Recently we were lucky to have the beautiful Le Pine horses visit the home. What a wonderful afternoon for our residents and staff to have a pat and feed carrots to two gentle giants "Susie and Rocky". Thank you to the team at Le Pine for making this happen, everyone had such a wonderful time.



Carers Christmas Lunch

TTHA and Accent Home Care celebrated Christmas festivities with a luncheon at Riverlea Estate to give members of our community a deserved break from their care duties and the opportunity to socialise with others.

The event was made possible due to recent additional respite for carers funding to support those in the community caring for others. Invited were carer and recipient, and we look forward to hosting more of these events in 2024. All participants had a wonderful time chatting with old and new friends.

We further took some of our volunteers along, acknowledging their outstanding efforts in 2023 and providing the opportunity to get together with community members we support with our services.



Animals on the Move

Our residents love seeing Australian native animals from our friends at Animals on the Move. Residents loved getting up close to a blue tongue lizard and were able to hold a snake. There was a variety of animals, including a possum and a frog.



Australia Day

Residents and staff had a fabulous time at our Australia Day events. Everyone was invited to dress in Australian colours and join the festivities. All enjoyed a delicious BBQ, and music from Frankie Powell's Australia Show was a hit!



Christmas Craft

Residents loved being in Christmas mode, with some relaxing Christmas drawings and crafts. Residents enjoyed Christmas crafts throughout November and December in preparation for Christmas. These talented artists then displayed their artwork around the home.



Pizza Making

Our residents love cooking! Residents continue to enjoy making snacks using our air fryer. Pizza making was fun, and the smell throughout the home was very enticing. We can't see what they will make for us next.



Enjoy a beautiful autumn, everyone!
Cerie and the Engagement team



KITCHEN UPDATE



Greetings! I hope you had a wonderful holiday season. Exciting updates ahead! Our 2024 Summer Menu is here,

featuring crowd-pleasers like homemade pork schnitzel, roasted tomato, and Beef Roulade served with red cabbage and some delicious new desserts.

We have some new kitchen team members; we encourage you to say hello when you see them around the home.

Based on your feedback and our continuous effort to enhance your dining experience, we have revamped the dinner-time soup service – served to residents' tables from a thermos jug for perfect temperature and flavour.

We are excited to announce that we will soon introduce a fresh batch of soup bowls. Stay tuned for more improvements as we strive to make your dining exceptional. In Cafe news, Chef Paul is back with his expertise. We will work on subtle menu changes to bring freshness and excitement to your cafe experience.

Unfortunately, Vicki will be leaving Changing Seasons Cafe soon. We appreciate her dedication and warmth and wish her the best in her future endeavours.

Gus & the kitchen & cafe teams



Beef and Vegetable Soup



Beef Roulade Served with Red Cabbage



Panna Cotta and Strawberry Sauce



Passionfruit Cheesecake



QUALITY UPDATE



End-of-Life Directions for Aged Care



Tabulam and Templer Homes for the Aged are currently participating in

ELDAC Linkages, a sub-program of End of Life Directions for Aged Care (ELDAC, www.eldac.com.au), a national project funded by the Australian Government Department of Health to develop and support palliative care and advance care planning in aged care. As part of this program, TTHA has implemented improved assessments to identify early deterioration of a consumer, ensure communication is effective and timely, and ensure all residents have an advance care directive reflective of their values and preferences. Please speak with our nursing staff if you or your loved one would like to review your end-of-life care wishes.

Strengthened Quality Standards

On the 1st of July 2024, subject to parliamentary approval, the current aged care legislation—including the Aged Care Act 1997 and the Aged Care Quality and Safety Commission Act 2018—will be replaced by a new aged care act (Department of Health and Aged Care, 2023). This new legislation will contain a statement of rights and a new regulatory model, define eligibility requirements, and establish a single point of entry for the aged care system (Department of Health and Aged Care, 2023). Along with the new act, the aged care quality

standards will change to the “Strengthened Quality Standards”. The new model will place older people at the “front and centre” of regulation, empowering them to exercise their rights to receive care better. You can visit the Department of Health and Aged Care website for more information on the Aged Care Act or the strengthened quality standards.



Victorian Virtual Emergency Department (VVED)

IF YOUR SITUATION IS LIFE-THREATENING, PLEASE CALL 000

As many people know, the hospital and ambulance systems are hectic and often experience long wait times. If you are unwell but do not need an ambulance, you can now access an emergency doctor or nurse from the comfort of your home. You must have access to a device with a camera, such as a mobile phone, computer, laptop or iPad. The device must have the camera turned on, and the patient must be awake to be assessed.

If the patient is not conscious or has potentially life-threatening symptoms, please call 000 immediately.

Visit www.vved.org.au



Once you complete the registration process, you will be linked directly to a virtual emergency waiting room until you see a clinician.

Waiting times do fluctuate depending on how many people are accessing the service. However, you are expected to be seen by an emergency doctor or nurse sooner than a non-emergency ambulance or Emergency Department presentation at your local hospital. If the treating doctor feels a hospital admission is necessary, they will prioritise ambulance transport for you.

Aged Care Facilities have successfully used Victorian Virtual Emergency Department (VVED) services as a first respondent to avoid unnecessary hospital transfers and extended wait times in emergency departments. Any person within Victoria can use this service, and it is not limited to metropolitan areas.

Getting Ready for Spring!

TTHA will be participating in Spring Cleaning! This is a great opportunity for staff to clean out office spaces, get rid of excess paperwork, broken or old equipment and generally clean up the work environment.

It is also a great opportunity for residents and families to go through personal spaces such as wardrobes, bedroom shelves with personal photos, ornaments and trinkets, personal furniture requiring steam cleaning and assist with a general spring clean.

We will provide further information closer to Spring with details of our Spring Clean Week.

Kitty Fausett
Quality Manager



VOLUNTEER PROGRAM

An interview with a volunteer and a TTHA Resident

We sat down with Maha and Kaye, participants in the Aged Care Volunteer Visitors Scheme (ACVVS), to learn more about the two of them and how their lives have changed since their meeting.



Q.1 What is your name? Where are you from? And how would you describe yourself?

M: My name is Mahalakshmi, but you can call me Maha. I grew up in Melbourne. I'm a medical student passionate about meeting new people and doing what I can to help within the community.

K: I'm Kaye, born in Richmond, VIC, to Tasmanian parents. A significant part of my life story revolves around reconnecting with my long-lost sister, with whom my mother had to part in the 1940s after becoming a single parent at 17. As a mother of two grown sons living busy lives, I often feel lonely. I find solace in the Maha's companionship and love a good chat.

Q.2 What inspired you to participate in the Aged Care Volunteer Visitors Scheme (ACVVS)?

M: The inspiration behind my dedication to volunteering with older adults goes back to my childhood, where I can recall having had elderly neighbours who lived alone and would consistently seek conversation and companionship from my parents. These interactions left a lasting impression. I wanted to recreate that sense of connection and support for others. I began volunteering with TTHA in 2022 before the introduction of the ACVVS, in which the Recreation and Volunteer Coordinator invited me to participate.

K: Being an Accent homecare client, I learned about the ACVVS through my care advisor, who highlighted it as an additional service to enhance my support system. Recognizing the value it could bring me and others experiencing social isolation, I embraced the opportunity to be involved.

Q.3 What's changed in your life since meeting your ACVVS companion?

M: Kaye has been a great mentor to me. As a medical student, I find immense value in our conversations, especially since she has a background as a pharmacist. Discussing my studies and life with her introduces me to new perspectives.

K: Having Maha in my life has helped me feel less isolated. We discuss everything: family, cricket, tennis, her studies, my work, shared interests, and daily experiences.

Q.4 What's your favourite thing about your companion?

M: Kaye brings a beautiful blend of chattiness and kindness to our interactions, and I truly appreciate the moments we share exchanging our life stories.

K: I love Maha's enthusiasm

Q.5 If someone else was thinking about participating in the ACVVS, what would you tell them?

M: Go for it! Participating in the ACVVS is a fantastic opportunity to meet lovely people like Kaye and positively impact the community.

K: I agree with Maha – go for it! The ACVVS is an excellent service.

If Kaye and Maha's story has inspired you to volunteer or request a visitor, please contact volunteer@ttha.org.au or call 8720 1333 and ask for Elise (Recreation & Volunteer Coordinator).

Elise Kruizinga
Recreation & Volunteer Coordinator



ACVVS

Volunteer Visitors

Tabulam and Templer Homes for the Aged recruits and matches volunteers under the Aged Care Volunteer Visitors Scheme (ACVVS), funded by the Australian Government, with the aim to provide friendship and companionship to socially isolated older persons in our society.

Register to be a volunteer

Volunteering in aged care is a rewarding experience and will enrich your life and the lives of those you visit.

We are committed to ensuring that volunteers across our programs are encouraged, supported, trained and well-informed with regular engagement events. To be part of the program please get in touch with TTHA. (details below)

Email:
ttha@ttha.org.au

Website:
ttha.org.au/volunteers

Phone:
8720 1333

Register to receive a volunteer

Do you receive Government-subsidised aged care services? Consumers, their families or carer can request to participate in the ACVVS.

Call 8720 1333 today and benefit from companionship as an addition to your regular support services.



31 - 41 Elizabeth Street, Bayswater VIC 3153
Visit our website: ttha.org.au
Phone us on: 8720 1333

Volunteer with Us and be part of TTHA

Do you enjoy interacting with older adults, empowering them and having quality conversations? Volunteer with us and provide friendship and companionship visits under the Government funded Aged Care Visitor Scheme (ACVVS)



Volunteer Visitor Scheme

TTHA supports community-based organisations in the recruitment and matching of volunteers under the ACVVS, aiming to provide companionship through voluntary visits to socially isolated recipients of Government-subsidised residential aged care and Home Care Packages

Help older people in maintaining a social connection and improving their quality of life.

You could:

- Provide companionship over a cuppa
- Teach or learn a new language or skill
- Make music together
- Play card and board games
- Discuss sport, politics or history
- Bring your own ideas - be creative

You can choose to volunteer in residential aged care or visit an older person in their home



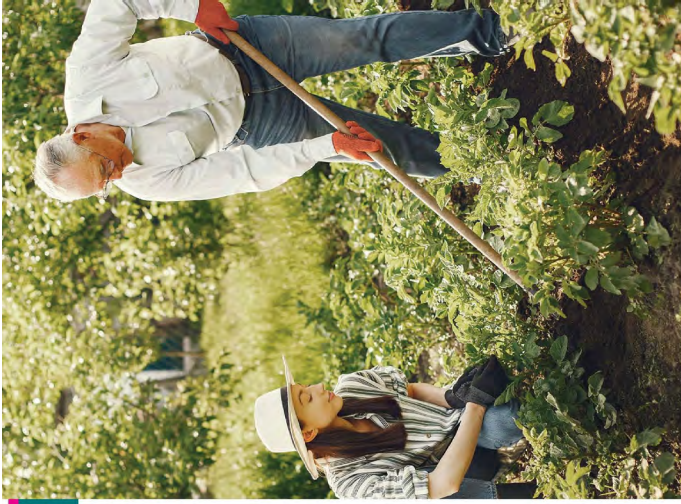
Benefits of Volunteering

Volunteering with older people is a rewarding experience. Become a volunteer and open the door to play an active role in improving the quality of life for older individuals who may feel socially isolated or disconnected from the community.

Benefits of volunteering include but are not limited to:

- Building friendships and meaningful connections
- Use your skills in a rewarding way and learn new skills
- Gain industry experience
- Positively improve health and well-being
- Improve someone's quality of life
- Increase your self-confidence and self-esteem
- Benefit from staff discounts
- Enjoy relevant training opportunities
- Benefit from counselling services
- Meet other volunteers and exchange experiences
- Free volunteer events and lunches*
- Reimbursement of travel expenses*

* Conditions Apply



Why is this scheme important?

The ACVVS focuses on the older individuals from linguistic, cultural and complex vulnerability backgrounds, who may be at high risk of social isolation.

There are various reasons for feeling isolated:

- Limited contact with family or friends
- Mobility issues preventing them from leaving home easily or taking part in activities
- Feeling isolated due to cultural and linguistic differences
- Being financially or socially disadvantaged
- Being different in any way



What is involved?

- Make contact with Tabulam and Templer Homes for the Aged (TTHA) on 8720 1333
- Speak with the Recreation and Volunteer Coordinator
- Our team will recruit, train and support you through your journey
- All volunteers will be required to have police check and adhere to our policies and procedures
- Volunteers may be asked to commit to a set number of visits. The Recreation and Volunteer Coordinator will inform you of any requirements or expectations relating to the role on application
- Volunteers will be matched to individuals with similar interests
- Volunteers have the freedom to request where they visit and how they spend their time
- TTHA will support all volunteers to make meaningful relationships in a caring environment

Thank You!





TAX DEDUCTIBLE DONATIONS!

I enclose a cheque for: \$10 \$30 \$50 \$100 Other: \$ _____

I would like to make a cash donation of: \$10 \$30 \$50 \$100 Other: \$ _____

Credit card donations are available at reception; please call 8720 1333 for more information.

TTHA IS A NON-PROFIT ORGANISATION. DONATIONS OF \$2 AND OVER ARE TAX DEDUCTIBLE

Your donations will significantly contribute to TTHA's commitment to improving the lives and well-being of our residents through activities, resources and the ongoing development of our facility and services. Your contribution will make a difference.

Mr./Mrs./Miss/Other _____

Name _____

Address _____

Suburb _____ State _____ Postcode _____

Phone _____ Email _____

Donate directly online - www.ttha.org.au/give-now

Confidentiality and Privacy: TTHA respects your privacy. By providing your email address, you will automatically be added to our Newsletter distribution list. If you prefer not to receive our communications, please unsubscribe. We keep your bank account details confidential. **Address:** 31-41 Elizabeth St, Bayswater, Vic. 3153 | **Telephone:** 03 8720 1333 | **Fax:** 03 9729 9356 | **Email:** ttha@ttha.org.au |

Make a difference – Leave a gift in your will.

A bequest is a gift made as part of your will. It may be money, shares, property or other valuable items. In addition to leaving a gift in your will to family and other loved ones, we invite you to consider a gift to TTHA in your will. With a legacy donation, you will give a helping hand to the residents of TTHA who need it most. Your bequest will make an unforgettable difference to our facility, ensuring you enrich the lives of those living at TTHA. We welcome the opportunity to discuss how your financial support can make a difference to TTHA and how you wish to be remembered.