

Care that speaks
to *you*



Tabulam & Templer Homes for the Aged Inc
31- 41 Elizabeth St. Bayswater 3153
8720 1333 | ttha@ttha.org.au | ttha.org.au



A MESSAGE FROM THE CEO



Christmas is right around the corner, and soon, we will all be overindulging in delicious Christmas fare with family and friends. As we soak up the summer sunshine and enjoy the long summer nights, it's hard to believe 2023 is quickly coming to a

close.

Reflecting on another outstanding year together, it's incredible to think of all of our achievements. These achievements would not be possible if it weren't for our fantastic community. We are so grateful to our staff, volunteers, residents and their representatives, families, and local community for their generous and never-ending support in making 2023 another memorable and successful year.

This year, TTHA were delighted to announce that they have received funding to participate in the Aged Care Volunteer Visitor Scheme (ACVVS), an expansion of the existing Community Visitor Scheme (CVS). The ACVVS supports community-based organisations in recruiting and matching volunteers to provide friendship and companionship through visits to socially isolated recipients of Australian

Government-subsidised residential aged care and Home Care Packages.

It is acknowledged that social isolation may be more prevalent in older people from particular linguistic, cultural, and complex vulnerability backgrounds. Regular visits from a volunteer can improve the quality of life and help older people feel less isolated.



TTHA will match volunteers with our residential care residents and Accent Home Care consumers. We will further collaborate with other care facilities, recruit volunteers for them and, in turn, enrich the lives of our elderly in the broader eastern and southern community. Please refer to page 19, where you can read an interview with one of our volunteers and the resident whom she visits. This beautiful interview shows how enriching this program can be.

If you or someone you know is interested in

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volunteering, would like to apply to have a volunteer visit them or would like more information about the program, don't hesitate to get in touch with Elise Kruizinga, Recreation and Volunteer Coordinator at TTHA, volunteer@ttha.org.au or (03) 8720 1333.



Our independent living unit residents have had a magnificent year, enjoying fantastic outings. The Social Support Group has visited incredible art displays, shows, restaurants and gardens. With the assistance of our carer's funding, we extended these fabulous outings to the carers in our community who needed respite. We hope to have more carers funding in the future to continue this ongoing support. If you or a loved one would like to join our Social Support Group, please contact a member of our caring staff.

Our annual TTHA 'Weihnachtsmarkt' German Christmas Market was held on Sunday, 26th November. It was another fantastic year, with over 4000 people visiting our stalls! With more than 50 stalls and various unique and handcrafted Christmas items, our visitors were treated to an array of delights.

There was delicious food provided by our café and six terrific food trucks, entertainment, and a fantastic array of activities for the kids! I want to thank the extraordinary people who ensure

our market is a success year after year.



We are so grateful for all the effort everyone went to to make the Christmas market such a huge success. We were very fortunate to receive several donations for the market and would like to formally express our appreciation and thanks to LJ Hooker Boronia for sponsoring our billboards in Bayswater and surrounding areas; Bendigo Bank Bayswater who sponsored our market flyer; Zoet Print for sponsoring our printing; 3ZZZ radio and Eastern FM radio stations for always being huge supporters of the market and many other great sponsors, including Taking Care mobile massage, Haar Nursery, Orth's Nursery, Scotsburn Nursery, Artist Photographer, Elevate Physio, Sentinel Fire Services; amongst many others. Thank you to the Templer Craft Group and the TSA for coordinating the parking and to the lovely TTHA staff, TSA members and volunteers who helped on the day.



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We are also very grateful to our market stallholders who generously donated items for our raffle. We encourage you to buy raffle tickets from reception or with the QR code on page 21. Prizes include a Weber Family Q, a Samsung Dolby Soundbar, a wellness pack, and over 15 hampers with great products and vouchers drawn on 15th December; winners will be notified. You can view the prizes on offer by scanning the QR code on page 21 or visiting reception between business hours.



As the Christmas celebrations continue, please drop by our Café and enjoy alfresco dining in our beautiful outdoor area, always drenched in sunshine. It's the perfect spot to bask in the sunshine on a lovely summer's day and enjoy a delicious treat, a yummy lunch paired with your favourite beverage, beer or wine.



There is great coffee and conversation, and our speciality meals are made with lots of love, care, and attention to suit your Christmas palate! Our café is also ideal for a family gathering or social group, so come in and talk to us about your needs and how we can cater to your group.



Oktoberfest this year was an excellent opportunity to enjoy delicious and traditional German fare and entertainment. TTHA was showered in decorations with all staff and some residents dressed in traditional dirndls and lederhosen, adding to the enjoyment and festivities of the day. It was a wonderful display of German culture, which residents and staff adored.

Our café, Changing Seasons Café, held an Oktoberfest event this year. Customers were treated to three delicious courses and two sittings for lunch; this event was very popular. Thank you to all who attended and made this event a success. I want to thank the cafe staff and our international volunteers, who did a fabulous job and presented such delectable dishes to all. Our cafe is open to the public seven days a week; we look forward to serving you!

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Whilst we love our outings, food, and events, we also must address the more formal activities. We regularly hold our Independent Living Units and Residents and Representatives meetings. These meetings are held quarterly throughout the year. We encourage our residents and representatives to attend, be involved, contribute, and hear about what's happening around TTHA.



As another busy season draws to a close with many activities, including our mobile shop, pet therapy, residents' outings and entertainers, plans for a busy summer and festive season are certainly well underway, and it's going to be a busy time!

December sees many special events, including St Nicholas Day, where we'll decorate our home and host a wonderful German Christmas choir whilst serving cuisine to match! We will host many Christmas events, including the Resident Christmas party, a Christmas lunch in the café and lots of events with a festive flair. Our Christmas celebrations continue with the ILU Christmas party, which will be celebrated in the café, and we look forward to celebrating with all ILU residents.

As the festive season approaches, it may be time to reflect on your or a loved one's aged care requirements. If you or a loved one want to stay at home longer and need extra support, why not call our Accent Home Care team and see how we can help you with gardening, cleaning, personal care, medication management or social and emotional support. Accent Home Care offers services to keep you living a full and independent life in your home.



Our experienced staff are there to answer your questions and assist you along the journey. If you would like to make a Home Care enquiry or for any of the services TTHA provides, don't hesitate to contact us at (03) 8720 1333 or visit our website, www.ttha.org.au and for home care, www.accenthomecare.org.au.

As another beautiful and successful year draws to a close, I want to thank our fabulous staff, volunteers, families and residents again for another magnificent year! From our TTHA and Accent Home Care family to yours, we wish every one of you a very Merry Christmas and a happy and safe New Year.

Stay cool this summer!

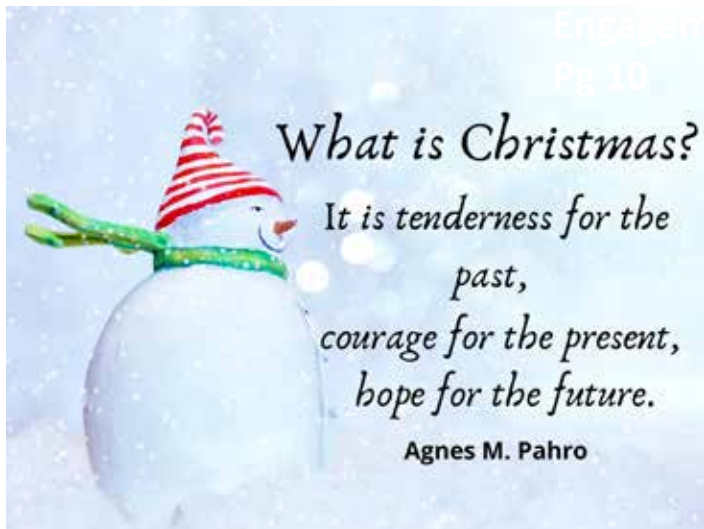
Eva Simo - CEO



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QUOTE OF THE SEASON



CHANGING SEASONS CAFE

Changing Seasons Cafe is open from 9 am to 3.30 pm, Monday to Friday, Saturday and Sunday from 9 am to 4 pm. We have a new seasonal menu, and we now serve beer and wine; we look forward to serving you! www.ttha.org.au/changing-seasons-cafe/. Or 'like' the Changing Seasons Cafe Facebook page @ChangingSeasonsCafe.



WORK WITH US

Are you seeking a long and rewarding career within a caring organisation? Are you passionate about aged care? TTHA and Accent Home Care seek for enthusiastic Registered Nurses, PCAs and Community Care Support workers. If this sounds like you, please send your resume to careers@ttha.org.au or apply online at www.ttha.org.au/careers.



ACCENT HOME CARE



Welcome to Summer. Since the last edition of TTHA Views, there have been many exciting advancements happening at Accent Home Care. We have more talented skilled staff joining the team, who can speak Greek, Polish and many more

languages. Having more staff means we can provide more options to Consumers. We are always looking for talented people to join our team in positions such as cleaners, direct care workers and Care Advisors, so if you know someone with a talent for helping others, have them contact our office at our new phone number (03) 8824 1000.

Launching our New Computer System

Some Consumers and their representatives have requested more real-time information regarding the care and services they receive, as well as a new format for monthly statements. To assist with this request, we implemented a new computer system on the 1st of November, 2023, which has been 12 months in the making. The new modern computer system has many Consumer benefits, such as allowing us to respond to Consumer questions quicker, roster services faster, and get them out sooner, and enhanced cybersecurity features that keep Consumer information more secure. Our team are very excited to be bringing Consumers and

Representatives a much-improved service, which you can see in the below picture.

Keeping People Safe

There are many risks that people face in summer, such as dehydration, heat exhaustion and environmental hazards such as bushfires. Accent Home Care has several ways to assist Consumers in managing these risks. Each Home Care Package Consumer and their representatives spend time with their Care Advisor to understand their unique care needs and to identify what may place that person at risk, such as extreme weather events. We ensure all Consumer risks are identified, including the most vulnerable people who may have no family or friends to support them, have difficulty walking, or may find it challenging to ask for help. When a person is identified as having a high vulnerability risk, our team works with the person to introduce additional safety measures, including daily visits or having a health care professional such as a registered nurse, occupational therapist, or physiotherapist provide advice and a care plan. All risk factors for Consumers are documented in their 'Emergency Plan'.

On occasions, we can visit a Consumer to provide a service such as cleaning or nursing, and we find they are away from home for the scheduled visit. If this occurs, we enact the 'Non-Response to a Scheduled Visit Plan.' This plan is created with the Consumer and their representatives and informs us what to do when we go to the home and the Consumer is away. In the past, some other home care package providers have had their staff leave without trying to figure out where the Consumer is, only to find out later that the person had a fall inside the home many hours ago and needed urgent help. Using a 'Non-Response to a Scheduled Visit Plan' informs

us what to do if we visit and the person does not answer the door. The plan may have us walk to the back door and knock, look through the bedroom window, or use the key from the keylock safe to enter the home to check on the person. The plan we create is personalised and is there to keep people safe.

The Impacts of Dehydration

Unfortunately, with the brighter, sunny, hotter summer days comes a hidden risk of dehydration for older people. Dehydration reduces the amount of water in the body to keep it working correctly. The lack of fluids, especially during hot weather, can pose a severe health threat for anyone, but older adults are at particular risk for heat-related illnesses. It is essential to recognise the signs of dehydration, which include dizziness, confusion, fatigue, and dark or amber-coloured urine, to name a few. To stay hydrated, you can eat fruit and vegetables with high water content, such as melons, cucumbers, and celery and start the day with a glass of water and set reminder alarms to drink water during the day. Ensure you stay cool by resting in a cool place and wearing light-coloured, loose-fitting natural fibre clothing that allows air in. If you have any concerns about hydration, speak with a medical professional, and you can also contact your Care Advisor to organise a consultation with one of our Community Home Care Registered Nurses if you are receiving a Home Care Package.

Until next time, stay safe, and if you require assistance receiving community care, don't hesitate to call our office on (03) 8824 1000.

Nick Grakini
General Manager Community Services



SOCIAL SUPPORT GROUP

Our social support groups have some fabulous outings. Recently, clients decided to go to Alowyn Gardens in Yarra Glen as the wisteria was in full bloom. All were in awe of the lovely display of flowers, as far as the eye could see. We went to the new St Hubert Restaurant in Coldstream for a lovely lunch, and some clients had not been there before. A beautiful day was had by all.

Another recent outing saw our social support groups visiting the Parliament of Victoria and enjoyed an engaging and interesting guided tour. Morning tea and lunch were enjoyed in the special 'Strangers Corridor Restaurant' at Parliament House. All participants loved this outing, the food and the amazing architecture.

A recent visit to Kuranga Nursery was exceptional, the morning started with coffee at the beautiful nursery cafe. This was followed by the day's highlight, with a visit to the Yarra Valley Nocturnal Zoo in Mt Evelyn. Clients could enter most of the enclosures to pat and feed the animals, which put big smiles on all faces. We went to the nearby York on Lilydale and enjoyed a delicious lunch, ending with delighted and smiling clients!



We love new and fun experiences. Recently, after a delicious morning tea at Brunetti's in Carlton, admiring and tasting some of their wonderful cake selections, clients enjoyed a wander along Lygon Street. The leisurely stroll took clients to the Museo Italiano for a look at the museum before an exquisite lunch at the Angliss Restaurant. Everyone commented that they felt very 'special' and looked after!

If you or a loved one would like to join one of our social support groups, please contact a member of our caring staff at 8824 1000.

We hope you enjoy these photos from our recent outings!

Susi and the Social Support Group Team



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CLINICAL UPDATE



Hi again from the care team.

Time is moving on; and there is talk of a long, hot summer. I have been in the Acting Director of Care role for over

three months, which has been incredibly fulfilling and rewarding.

Although COVID is becoming the “norm” and we are all living with a new virus, a few additional isolation rules remain in the residential facility. We removed masks for staff and visitors, which has been a welcome change after so long. We had an outbreak lasting only 20 days with mild symptoms and very few infected. This short time frame can be attributed to the fantastic staff conscientiousness and infection prevention and control practices.

We still offer additional doses of the COVID vaccination to eligible residents. The current eligibility if over the age of 75 is six monthly vaccinations post-last vaccination or infection. If you would like to discuss any vaccinations, please contact the clinical staff. Communication will be sent out in the upcoming weeks once information has been provided, regarding when vaccinations will be offered. Gaining consent for the COVID vaccination is paramount, and we are currently looking at an alternative way for representatives to provide consent, which is less time-consuming than previous vaccinations.

Our significant staffing change since the last newsletter is the addition of 11 international workers who have packed up their homes and moved to Australia to work at TTHA. The staff,

all nurses, are from India, Nepal and Kenya. We are lucky to have them on board to help care for our residents. They have settled very well and are a pleasure to work with.

We have many things to look forward to over the coming months; the Christmas Market, which is a vast and exciting event, and then we will move very quickly towards the festive season. To spice things up this year, we will hold a decoration competition across the wings of the home. This is for residents and staff to be involved in their areas and proudly make their wings the most vibrantly decorated. The winner will be awarded a trophy with special treats, and they will hold the trophy for a year until the next competition.

ENGAGEMENT

Many engagement activities across all wings will soon gravitate towards Christmas Decorations. Boots will be made for St Nikolas Day for all residents, and we will prepare for the time we spend with your families and ours.

The engagement department has been busy over the last three months. Here is a small snapshot of their fun.

Amanda Walker
Acting Director of Care



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ENGAGEMENT UPDATE

International Volunteers

We are excited to tell you we recently welcomed six new volunteers from Germany. Please see the photo of our new and enthusiastic group. We have Alisa, Nici, Svenja, Emily, Maxim and Deike from left to right. When you see them around the facility, we hope you will make them welcome and say hello!



Fathers Day

We recently celebrated Father's Day at the home. Our male residents enjoyed a special happy hour and some lovely gifts donated by Pinchapoo. We thank them for their continued support!



Craft For Purpose

Our residents love our craft sessions, and they love craft 'for purpose'. So crafts that they create to be displayed throughout the home for an event or birthday celebration. Here are some recent photos of our craft-for-purpose sessions for the AFL grand final.



Crazy Hair Day

We celebrated Crazy Hair Day by creating a 'Crazy Hair Station' where residents and staff came by to get their hair nice and crazy! Residents and staff enjoyed being creative, spraying their hair with coloured hairsprays and hair chalk of all colours of the rainbow. The day was filled with laughter as everyone admired all the crazy styles.



Residents Cooking Activities

We have some new chefs at TTHA! Our residents love our cooking activity, where they get their hands dirty and cook some yummy treats! Our residents cooked delicious sausage rolls in our new air fryer this week. Residents loved sharing their delights, and staff loved finishing the sausage rolls when all resident's bellies were full! We also had a decorating activity where residents were given a gingerbread heart and decorated it with different coloured icing. Yummy!



Maroondah Seniors Wellbeing Expo

We attended the Maroondah Seniors Wellbeing Expo. This was a fabulous opportunity to connect with the local community and meet some wonderful people. We were lucky to showcase our volunteer program, Christmas market, and new luxury retirement living units. If you or someone you know is interested in our beautiful programs or events, please contact us at ttha@ttha.org.au or 87201333.



Oktoberfest Celebrations

Our Oktoberfest celebrations each year are loved by all and go for days! Our residents and staff love getting dressed up and festive for the week. We celebrate Oktoberfest in our excellent cafe, Changing Seasons, and there are many events in the home for residents to enjoy yummy food, happy hour, dancing and entertainment. Happy Oktoberfest, one and all.



Halloween

This month, residents in our craft group have been busily preparing for their Halloween Happy Hour. They have made spooky picture frames as well as pumpkin and ghost lanterns. Residents enjoy exploring their creative side, and there is always lots of laughter at the craft table. Happy Halloween, one and all!



Enjoy a beautiful summer, everyone!
Cerrie and the Engagement team



KITCHEN UPDATE



As we welcome the festive spirit of December, I am thrilled to announce a new menu to warm your hearts and tantalise

your taste buds. From summer salads to indulgent desserts, we are committed to providing a dining experience that nourishes the body and uplifts the spirit.

At TTHA, we understand and celebrate our residents' diverse preferences and dietary needs. From sourcing top-notch ingredients to personalised meal planning, every step is taken with the well-being and happiness of our community in mind. As we roll out the December menu, we invite residents and their families to share their thoughts and feedback. Your input is invaluable, and we're always eager to enhance our dining experience based on your preferences.

The café is now open seven days; Chef Rafael is in the kitchen on Mondays and Tuesdays. Please say hello to him, he would love a visit. For a flavour twist, we now have Pretzels on the menu; they are served with cheese fondue and butter. Yum!

With the Changing of the Seasons, mark your calendars with a special event. We will host a Christmas Lunch that promises a festive spread to celebrate the joyous occasion on the 21st December. Stay tuned for details on the menu and make plans to join us for a memorable experience.

Gus & the kitchen team



Summer Salad



Prawn Dumplings



Strawberry Mousse and Whipped Cream



Carrot Cake and Sweet Ricotta Cream

QUALITY UPDATE



Quarterly Quality Indicator surveys Quality of Care and Quality of Life surveys.

As part of the government's ongoing reporting requirements, all

government-funded aged care homes must complete two surveys with each resident each quarter. TTHA can facilitate residents to conduct these surveys independently or by an interview-facilitated response. However, surveys for residents who may have difficulty understanding the questions or responding are required to have the surveys completed by a proxy. Families may have received a link to the combined survey via email. Please take the time to complete this to enable us to meet the reporting requirements. The survey will only take a few minutes to complete. Alternatively, if you do not consent to participate in the surveys, an alternative link will be attached to the email. Using this link, you can notify us that you decline participation, and we will refrain from sending this each quarter.

Infection Control and removal of masks

After considerable risk assessment and analysis, TTHA has removed the requirement for staff and visitors to wear a face mask. This has been very well received by our residents, who can finally see who cares for them after three and a half years. All staff and visitors continue to do a rapid antigen test with a negative result before entry. All visitors must enter through the

main reception and complete the sign-in book, which includes an attestation that you meet the conditions of entry. This includes entering TTHA only if you are well. No one should enter a sensitive setting such as residential aged care for seven days from diagnosis of COVID regardless of being symptom-free or having a negative RAT. Diagnosis of Influenza must refrain from visiting for five days.

Annual Operations report

All government-funded aged care providers must now submit an annual operations report to the government. This is a summary of feedback received throughout the previous financial year, highlighting any trends for both compliments and complaints. TTHA reported that the top three compliments were staff conduct, clinical care, and food. The top three complaints were personal care (mainly unfamiliar agency staff and call bell response times), food and other laundry services. TTHA has implemented some strategies for continuous improvement by recruiting a new role for a full-time complex care registered nurse. Provision of snack fridges for easy access to additional food and restorative and active ageing program overseen by the physiotherapists.

Kitty Fausett
Quality Manager



VOLUNTEER PROGRAM

An interview with a volunteer and a TTHA Resident

We sat down with Jessika and Iris, participants in the Aged Care Volunteer Visitors Scheme (ACVVS), to learn more about the two of them and how their lives have changed since the meeting.



What is your name? Where are you from? And how would you describe yourself?

J: My name is Jessika Rodriguez, and I am from Bogotá, Colombia. I came to Australia to study English. I would describe myself as a friendly, honest, and talkative person who is passionate about making the lives of others easier.

I: My name is Iris Zimmermann. I was born in Glatz, Poland. I have travelled all over the world and spent 11 years of my youth living in Brazil. I now live in Australia at Tabulam and Templer Homes for the Aged. I would describe myself with a strong faith in God and always likes to help and encourage others.

What inspired you to participate in the Aged Care Volunteer Visitors Scheme (ACVVS)?

J: I spent a lot of my youth with my grandfather; we used to go and visit elderly members of our community together. I enjoyed hearing their stories and being in their company. These memories made me want to volunteer in an aged-care setting.

I: I was feeling lonely, and I wanted to share my faith with someone. I like to talk about God with Jessika, and it's nice to have someone just here for me.

What's changed in your life since meeting your ACVVS companion?

J: Iris has written a book about her life, allowing me to read and share many of her stories through her writing and photos. This has inspired me to do the same with my life and story. We live in an age where so much is digitalised; it's nice to document our stories on paper. Iris has made me appreciate living in the moment and preserving the past. I want to have my stories to share with future generations, as Iris has.

I: I now have someone to share my world with; discussing simple things like the trees outside my window or the birds in the garden is lovely.

What's your favourite thing about your companion?

J: Iris is so kind; she cares about others and is very gentle with me. She always makes sure I'm okay. It's nice to have someone so excited to see me; every time I visit, it's an excellent experience.

I: Jessika is down to earth and accepting of me. I like that she goes to the activities with me. I miss her when she's not here, but when she visits, I feel happy that we are back together again.



If someone else was thinking about participating in the ACVVS, what would you tell them?

J: It's an excellent opportunity to help the community and yourself; there is lots of support. I've gained much knowledge, and my questions are always answered. It's something you must experience for yourself. I never have to wonder what to do; something is always going on to be a part of, whether it's just talking with Iris or joining an activity together.

I: It's a beautiful experience.

If Iris and Jessika's story has inspired you to volunteer or request a visitor, please contact volunteer@ttha.org.au or call 8720 1333 and ask for Elise (Recreation & Volunteer Coordinator).

Elise Kruizinga
Recreation & Volunteer Coordinator



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Christmas Fundraising Raffle

**Tickets are \$2.00 each
OR**

3 tickets for \$5.00

1st Prize Weber Family Q valued over \$1000

2nd Prize Dolby Atmos Soundbar valued over
\$795.00

3rd Prize Wellness Pack valued over \$500

With many more prizes to win!



**Please pay at reception
with cash or EFT or QR code above**

Raffle drawn on Friday 15th December

Register to be a volunteer

Volunteering in aged care is a rewarding experience and will enrich your life and the lives of those you visit.

We are committed to ensuring that volunteers across our programs are encouraged, supported, trained and well-informed with regular engagement events. To be part of the program please get in touch with TTHA. (details below)

Email:
ttha@ttha.org.au

Website:
ttha.org.au/volunteers

Phone:
8720 1333

Register to receive a volunteer

Do you receive Government-subsidised aged care services? Consumers, their families or carer can request to participate in the ACVVS.

Call 8720 1333 today and benefit from companionship as an addition to your regular support services.



31 - 41 Elizabeth Street, Bayswater VIC 3153
Visit our website: ttha.org.au
Phone us on: 8720 1333

Volunteer with Us and be part of TTHA

Do you enjoy interacting with older adults, empowering them and having quality conversations? Volunteer with us and provide friendship and companionship visits under the Government funded Aged Care Visitor Scheme (ACVVS)



Volunteer Visitor Scheme

TTHA supports community-based organisations in the recruitment and matching of volunteers under the ACVVS, aiming to provide companionship through voluntary visits to socially isolated recipients of Government- subsidised residential aged care and Home Care Packages

Help older people in maintaining a social connection and improving their quality of life.

You could:

- Provide companionship over a cuppa
- Teach or learn a new language or skill
- Make music together
- Play card and board games
- Discuss sport, politics or history
- Bring your own ideas - be creative

You can choose to volunteer in residential aged care or visit an older person in their home

Benefits of Volunteering

Volunteering with older people is a rewarding experience. Become a volunteer and open the door to play an active role in improving the quality of life for older individuals who may feel socially isolated or disconnected from the community.

Benefits of volunteering include but are not limited to:

- Building friendships and meaningful connections
- Use your skills in a rewarding way and learn new skills
- Gain industry experience
- Positively improve health and well-being
- Improve someone's quality of life
- Increase your self-confidence and self-esteem
- Benefit from staff discounts
- Enjoy relevant training opportunities
- Benefit from counselling services
- Meet other volunteers and exchange experiences
- Free volunteer events and lunches*
- Reimbursement of travel expenses*

* Conditions Apply



Why is this scheme important?

The ACVVS focuses on the older individuals from linguistic, cultural and complex vulnerability backgrounds, who may be at high risk of social isolation.

There are various reasons for feeling isolated:

- Limited contact with family or friends
- Mobility issues preventing them from leaving home easily or taking part in activities
- Feeling isolated due to cultural and linguistic differences
- Being financially or socially disadvantaged
- Being different in any way



What is involved?

- Make contact with Tabulam and Templer Homes for the Aged (TTHA) on 8720 1333.
- Speak with the Recreation and Volunteer Coordinator
- Our team will recruit, train and support you through your journey
- All volunteers will be required to have police check and adhere to our policies and procedures
- Volunteers may be asked to commit to a set number of visits. The Recreation and Volunteer Coordinator will inform you of any requirements or expectations relating to the role on application
- Volunteers will be matched to individuals with similar interests
- Volunteers have the freedom to request where they visit and how they spend their time
- TTHA will support all volunteers to make meaningful relationships in a caring environment.

Thank You!





TAX DEDUCTIBLE DONATIONS!

I enclose a cheque for: \$10 \$30 \$50 \$100 Other: \$ _____

I would like to make a cash donation of: \$10 \$30 \$50 \$100 Other: \$ _____

Credit card donations are available at reception; please call 8720 1333 for more information.

TTHA IS A NON-PROFIT ORGANISATION. DONATIONS OF \$2 AND OVER ARE TAX DEDUCTIBLE

Your donations will significantly contribute to TTHA's commitment to improving the lives and well-being of our residents through activities, resources and the ongoing development of our facility and services. Your contribution will make a difference.

Mr./Mrs./Miss/Other _____

Name _____

Address _____

Suburb _____ State _____ Postcode _____

Phone _____ Email _____

Donate directly online - www.ttha.org.au/give-now

Confidentiality and Privacy: TTHA respects your privacy. By providing your email address, you will automatically be added to our Newsletter distribution list. If you prefer not to receive our communications, please unsubscribe. We keep your bank account details confidential. **Address:** 31-41 Elizabeth St, Bayswater, Vic. 3153 | **Telephone:** 03 8720 1333 | **Fax:** 03 9729 9356 | **Email:** ttha@ttha.org.au |

Make a difference – Leave a gift in your will.

A bequest is a gift made as part of your will. It may be money, shares, property or other valuable items. In addition to leaving a gift in your will to family and other loved ones, we invite you to consider a gift to TTHA in your will. With a legacy donation, you will give a helping hand to the residents of TTHA who need it most. Your bequest will make an unforgettable difference to our facility, ensuring you enrich the lives of those living at TTHA. We welcome the opportunity to discuss how your financial support can make a difference to TTHA and how you wish to be remembered.