

Care that speaks
to *you*

ttha *accent*
HOME CARE

Tabulam & Templer Homes for the Aged Inc
31- 41 Elizabeth St. Bayswater 3153
8720 1333 | ttha@ttha.org.au | ttha.org.au



A MESSAGE FROM THE CEO



Christmas is right around the corner, and soon we will all be overindulging in the delicious Christmas fare with family and friends. With the lovely long summer nights and busy preparations, it's hard to believe it's nearly

the end of 2022. Reflecting on another year together, it's incredible to think of everything we have achieved. These achievements would not be possible if it weren't for our fantastic support network. We are so grateful to our staff, volunteers, residents and their representatives, families, and local community for their never-ending support in making 2022 such a memorable and successful year.



Our independent living unit residents have had a magnificent year enjoying some fantastic outings. The Social Support Group has visited incredible art displays, shows and gardens. With the assistance of our carer's funding, we have extended these fabulous outings to the carers in our community who need respite. If you or a loved one would like to join our Social Support Group or hear more about our carer's funding and how this can assist you, please get in touch with a member of our caring staff.



Our annual TTHA 'Weihnachtsmarkt' German Christmas Market was held on Sunday, 27th November. It was indeed another fantastic year with over 4000 people visiting our stalls! With more than 50 stalls and various unique and handcrafted Christmas items, our visitors were treated to an array of delights.

There was delicious food, entertainment, and a fantastic array of activities for the kids! I want to thank the extraordinary people who ensure

TTHA SUMMER NEWSLETTER 2022

our market is a success year after year.

We are so grateful for all the effort everyone went to to make the Christmas market such a huge success. We were very fortunate to receive several donations for the market and would like to formally express our appreciation and thanks to LJ Hooker Boronia for sponsoring our billboards in Bayswater and surrounding areas; Prime Care Financial Planning, Jackson Taylor and the Victorian Government and 3ZZZ radio station for always being huge supporters of the market and many other great sponsors, including BidFoods, Bunnings Bayswater, Haar Nursery, Orth's Nursery, Bendigo Bank Bayswater, The Professionals; amongst many others. Thank you to the Templer Craft Group and the TSA for coordinating the parking and to all of the lovely TTHA staff, TSA members and volunteers who helped on the day.



We are also very grateful to our market stallholders who generously donated items for our raffle. We encourage you to buy raffle tickets from reception or with the QR code on page 19. Prizes include a Weber Family Q; a wellness pack; a Red Balloon \$200 voucher pack, a coffee machine hamper, and over 15 hampers with great products and vouchers that will be drawn on 16th December; winners will be notified. You can view the prizes on offer by scanning the QR code on page 19 or visiting reception between business hours.

As the Christmas celebrations continue, please drop by our Café, and enjoy alfresco dining in our beautiful outdoor area, always drenched in sunshine. It's the perfect spot to bask in the sunshine on a lovely summer's day and enjoy a delicious treat. There is great coffee and conversation, and our specialty meals are made with lots of love, care, and attention to suit your Christmas palate! Our café is also ideal for a family gathering or social group, so come in and talk to us about your needs and how we can cater to your group.

Oktoberfest this year was an excellent opportunity to enjoy delicious and traditional German fare and entertainment. TTHA was showered in decorations with all staff and some residents dressed in traditional dirndls and lederhosen, adding to the enjoyment and festivities of the day. It was a wonderful display of German culture, which residents and staff adored.



Our café, Changing Seasons Café, held an Oktoberfest event this year. Customers were treated to three delicious courses and two sittings for lunch; this event was very popular. Thank you to all who attended and made this event a success. I want to thank the cafe staff, who did a fabulous job and presented such delectable dishes to all. Our cafe is open to the public from Wednesday to Sunday; we look forward to serving you!

TTHA SUMMER NEWSLETTER 2022

Whilst we love our outings, food, and events, we also must address the more formal activities. We regularly hold our Independent Living Units and Residents and Representatives meetings. These meetings are held quarterly throughout the year. We invite and encourage our residents and representatives to attend, be involved, contribute, and hear about what's happening around TTHA. At this stage, families are invited to participate via zoom; in the future, we look forward to welcoming you all onsite again.



As another busy season draws to a close with many activities, including our mobile shop, pet therapy, residents' outings and entertainers, plans for a busy summer and festive season are certainly well underway, and it's going to be a busy time!

December sees many special events, including St Nicholas Day, where we'll decorate our home and host a wonderful German Christmas choir whilst serving cuisine to match! We will host many Christmas events, including the Resident Christmas party, a Christmas lunch in the café and lots of events with a festive flair. Our Christmas celebrations continue with the ILU Christmas party, which will be celebrated on 13th December in the café, and we look forward to celebrating with all ILU residents.

As the festive season approaches, it may be time to reflect on your or a loved one's aged care requirements. If you or a loved one want to stay at home longer and need extra support, why not call our Accent Home Care team and see how we can help you with gardening, cleaning, personal care, medication management or social and emotional support. Accent Home Care offers services to keep you living a full and independent life in your home.

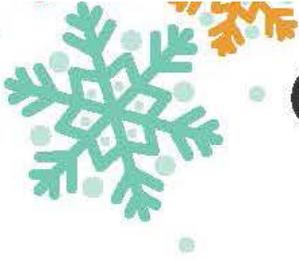


Our very experienced staff are there to answer all of your questions and assist you along the Journey. If you would like to make a Home Care enquiry or for any of the services TTHA provides, don't hesitate to contact us at (03) 8720 1333 or visit our website www.ttha.org.au and for home care www.accenthomecare.org.au.

As another wonderful and successful year draws to a close, I want to thank our fabulous staff, volunteers, families and residents again for another magnificent year! From our TTHA and Accent Home Care family to yours, we wish every one of you a very Merry Christmas and a happy and safe New Year.

Stay cool this summer!
Eva Simo – CEO





CHRISTMAS AT THE CAFE



Entree

Prawn cocktail, Marie rose sauce, avocado, green lettuce with apple & dill.

OR

Salad of avocado, heart of palm, cherry tomatoes, soft herbs, lime green goddess sauce

Main

Roast turkey, golden roast potatoes, asparagus, honey mustard, Dutch carrots, poached cranberries and gravy

OR

Roast pumpkin, peperonata & bocconcini open pastie, asparagus, honey mustard, Dutch carrots

Dessert

Christmas pudding, brandy custard, vanilla ice cream

Booking is essential, as this event will sell out, so please call reception at TTHA on 87201333 or email: reception@ttha.org.au to secure your seats today!

Date: Thursday 22nd of December

Meals Served: Two sittings - 12 pm or 1.45 pm

Cost: \$45.00 for the three-course meal, mulled wine, tea and coffee

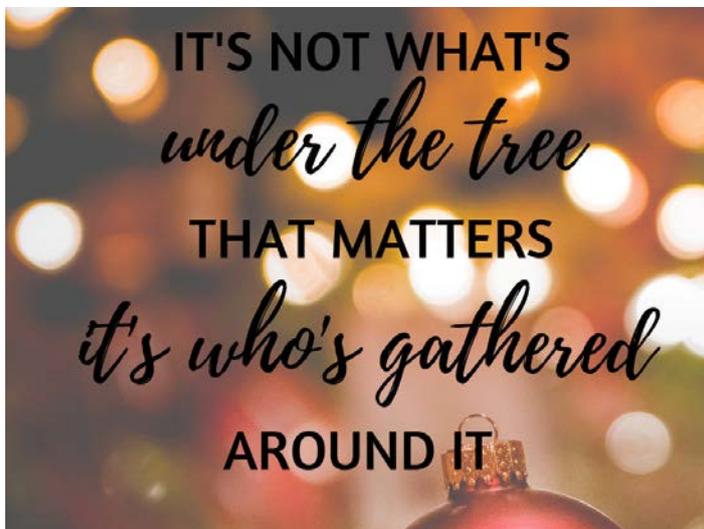
Location: Changing Seasons Cafe - 31-41 Elizabeth St Bayswater

RSVP: Bookings required; please call 8720 1333 or email reception@ttha.org.au



CEO's Welcome	Pg 1	Clinical Update	Pg 9
Quote of the Season	Pg 5	Lifestyle Update	Pg 10
Work with Us	Pg 5	Kitchen Update	Pg 16
Changing Seasons Cafe	Pg 5	Quality Update	Pg 17
Accent Home Care	Pg 6	Christmas Raffle	Pg 19
Social Support Group	Pg 7	Donations	Pg 20

QUOTE OF THE SEASON



CHANGING SEASONS CAFE

Changing Seasons Cafe is open Wednesday to Friday, 9 am to 3.30 pm, Saturday and Sunday from 9 am to 4 pm. To stay up-to-date with opening hours, menus and our delicious specials please see our website, www.ttha.org.au/changing-seasons-cafe/. Or 'like' the Changing Seasons Cafe Facebook page @ChangingSeasonsCafe.



WORK WITH US

Are you seeking a long and rewarding career within a caring organisation? Are you passionate about aged care? TTHA and Accent Home Care are looking for enthusiastic Registered Nurses, PCAs and Community Care Support workers. If this sounds like you, please send your resume to careers@ttha.org.au or apply online at www.ttha.org.au/careers.



ACCENT HOME CARE



Welcome to summer. With the warmer and longer days now upon us, we can embrace the change and enjoy all our community offers. Only some people can access the community as they would like to and if you need some assistance,

reach out to us, as we have many programs that may be able to assist. Let's have a look at what's happening at Accent Home Care.

Welcoming Manthan Acharea to the Accent Home Care Team

Manthan Acharea is the new Service Delivery Manager at Accent Home Care. Manthan joins the Accent Home Care Team with experience in management and senior coordination roles. Manthan is responsible for managing, leading and supporting the Service Delivery Team to schedule services such as personal care, domestic assistance/cleaning, meal preparation, gardening, social support and community transport. In recent months the Service Delivery Team has grown in response to the increased demand for services and now consists of Aleks, Anushari, Liz, Judy, Ro and Sabine. Manthan is keen to hear about your experiences with the Service Delivery Team and the scheduling of services, so feel free to reach out to Manthan with any feedback.

The Accent in Accent Home Care

Do you know that the Care Advisors and the

people that work in the Accent Home Care office have many different accents, as they speak over 30 different languages, including Polish, German, Mandarin and Italian, to name a few. We provide aged care services to culturally and linguistically diverse people (CALD). We also specialise in finding care staff from the agencies we partner with to assist people who may not speak English as their primary language.

Supporting the needs of the Community

The demand for Accent Home Care services continues to grow in the community.

While some providers are not accepting new referrals for Home Care Packages, we continue to get new referrals as we can find the right people to deliver the services. Not only has there been an increase in the demand for Home Care Packages (HCP), but there has also been an increase in people in the community requesting Commonwealth Home Support Programme (CHSP) services. These services are for people who often need minimal assistance in just one area, such as in-home nursing, domestic assistance/cleaning, personal care or attending group activities. Due to the demand for services, Accent Home Care has applied to the Australian Government to address this need, and I am pleased to announce that we received approval to provide all these services. We are delighted to assist more people in the community to maximise their independence, health and well-being.

How to receive an Accent Home Care Service

If you or someone you know would like to receive an Accent Home Care package of care or one or more services, including cleaning, personal care, nursing or joining our Social Support Group, all you need to do is contact My Aged Care. There is a strong demand for the services that Accent Home

Care is approved to provide and receive; My Aged Care can organise an assessment and, if eligible, provide a referral code for approved services. The assessment process can take some time, so if you or someone you know would benefit from an Australian Government funded service, I encourage you to contact My Aged Care sooner rather than later. It is essential to be prepared and have the approvals for care ready to use when you need them rather than waiting. If you need support, contact My Aged Care on 1800 200 422, between Monday to Friday, 8 am to 8 pm or Saturday, 10 am to 2 pm. If you prefer, you can visit their website at <https://www.myagedcare.gov.au/>.

Until next time, stay safe and enjoy the warmer weather of Summer. If you have a question about your HCP, would like to know more about My Aged Care, or would like to know about a CHSP service, feel free to call us at 03 8720 1338.

Best regards

Nick Grakini
General Manager Community Services

SOCIAL SUPPORT GROUP AND CARER OUTINGS



For every friend you refer to Accent Home Care, you will receive a gift voucher of your choice as a token of our appreciation once they have signed up with us.*



\$100 VISA GIFT CARD



\$100 COLES/MYER GIFT CARD



\$100 WOOLWORTHS GIFT CARD

Refer as many friends as you wish and keep being rewarded.

Contact us on (03) 8720 1338 for more information.

*Offer is redeemable only once the person referred has signed up with Accent Home Care.

accent HOME CARE

31-41 Elizabeth Street, Bayswater VIC 3153
Phone us on (03) 8720 1338 or visit our website: accenthomecare.org.au
or email us at: homecare@accenthomecare.org.au



Best wishes from the Social Support Team
Susi, Ulli, Anja and Kerstin.



CLINICAL UPDATE



Happy summer and the festive season from the Care team! I am very excited to announce the appointment of Ella Ma as the second Clinical Care Coordinator and

Elise Kruizinga as the Lifestyle Coordinator. Ella will be working alongside Amanda to support clinical leadership in the Care team. Ella will be working on Mondays, Wednesdays and Fridays, supporting the RNs with assessment and care planning focusing on creating person-centred care plans through improved communication between residents and their support group, including nominated representatives.



Ella Ma

Elise has been doing a fantastic job supporting the new International volunteers that joined us in September as part of the Lifestyle team. The International Volunteers also assist with group outings and many special events.

We have been actively working on recruiting care roles within the TTHA team to reduce shortfalls within the roster. Furthermore, we plan on reviewing the master roster to ensure better coverage based on our resident's needs. Our excellent physio Jasleen has been working

on the SUNBEAM physio group exercise sessions, an Eastern Melbourne Public Health Network initiative focused on combating residents' deconditioning as a possible result of the COVID lockdowns. The SUNBEAM program runs till the end of December, and we would then review the effectiveness of physio-run exercise group sessions in improving balance and reducing the risk of falls. Given the successful trial of the program, TTHA will review having the sessions as a regular and ongoing program for residents.



Elise Kruizinga

Always Hear audiology team started visiting TTHA in November to support residents with their hearing needs. Always Hear plans to make regular visits to TTHA to provide support with hearing assessment, wax removal via micro-suction, hearing devices and hearing device maintenance, and advice regarding government funding available to eligible residents.

We continue to monitor and report on COVID data, including the vaccination status of residents and staff through the My Aged Care portal and are required to continue with risk management measures and preparedness for outbreaks.

Have a sunny summer, everyone!

Sara Rupenovic
Director of Care



LIFESTYLE UPDATE

Aged Care Employee Day

Aged Care Employee Day is an annual celebration supporting and honouring Australia's residential, home and community aged care workers. It takes a special kind of person to work in senior care. The passion, joy and dedication our carers, nurses, food service, cleaning, allied health and admin team show to all who set foot in TTHA makes a difference every day and makes them true superheroes. The nationally recognised Aged Care Employee Day event falls on August 7th. Here at TTHA, we chose to celebrate on Friday the 5th. Our exceptional staff gathered in our beautiful onsite café, Changing Seasons, to enjoy a slice of cake and acknowledge what they do as individuals and as a team to make TTHA a great place to live and work.



Indian & Pakistani Cultural day

On Friday, residents and staff at TTHA celebrated our annual Indian and Pakistani Cultural day. The home was full of life with music, colour, food and dance, all in tribute to a beautiful culture. The stunning detailed fabric of sarees, lehengas and kurtas shone as residents and staff danced and laughed together during the afternoon's celebratory happy hour. At TTHA, we not only value diversity, but we also celebrate it!



Daffodil Day

Daffodil day is an annual event that aims to raise much-needed awareness and funds to support cancer research. Each August, residents and staff at TTHA participate in the day.

On Friday, August 26th, the home was filled with sunshine and yellow. Many dressed for the occasion while loving the sight and scent of beautiful fresh daffodils. Residents enjoyed delicious cupcakes and petite fours at this morning's high tea. The day continued with an afternoon paint and sip class in which residents enjoyed painting their interpretation of a daffodil while sipping champagne and relishing the quality company.



Father's Day Weekend

"A Father is someone you always look up to, no matter how tall you grow".

On Friday, September 2nd, we celebrated our wonderful male residents with a themed happy hour for Father's Day. Celebrations continued over the weekend with good wishes on breakfast trays and gifts of mindfulness colouring books, pencils, shaving gel and fragrant body sprays.



R U OK? Day

R U OK? This day is our National Day of Action, when we remind Australians that every day is the day to ask, 'are you OK?' and start a meaningful conversation whenever they spot the signs that someone they care about might be struggling with life. On Thursday, September 8th, TTHA joined in the action to inquire about the well-being of our staff, residents, and stakeholders and let all know that if someone needs to talk, there will always be someone here to lean on.

The day started by encouraging residents to take time for self-care at our "R U OK? Day spa", where hand massages, manicures, and aromatherapy were offered. After the relaxing morning, we joined together for a delicious afternoon tea with signature yellow iced cupcakes and meaningful conversation that could change a life.



Memorial Service for Queen Elizabeth II

In memory of the Queen, the halls of TTHA were draped in shades of royal purple as we joined the rest of the world in paying our respects to Her Majesty Queen Elizabeth II.

Residents donned crowns and indulged a delicious Devonshire tea while gathered in Sarona Lower to watch the memorial proceedings and farewell our longest-serving monarch.

A fitting tribute to the life and reign of an incredible woman.



Footy Day

As we celebrated our annual Footy day, residents and staff proudly wore their team colours. The lead-up to the Grand final began with the distribution of AFL-themed activity packs and continued with the screening of an Aussie-made film focused on football, “The Merger”. After lunch, our die-hard footy fans gathered in Sarona Upper to view AFL highlight reels and hear the announcement of our 2022 Footy tipping winners while snacking on party pies and hot chips.



Tulip Festival Outing and Garden world outing

The Spring sunshine has brought an abundance of new life and opportunities for our residents to reconnect with nature by exploring what our picturesque surroundings offer. Recent trips to Garden world and the Tessellar tulip festival have fostered a great appreciation for the new season and have been a highlight of the year so far for many.



Victorian Seniors Festival Ferry Trip

Each year the Victorian Seniors Festival offers a plethora of activities and events for older members of our community.

Pre-covid times a favourite of these events amongst our residents at TTHA was the opportunity to enjoy a day aboard the Searoad Ferry at a discounted price.

We were beyond pleased to reintroduce this trip this year.

Blessed by the sunshine, a group of lucky residents headed out early to enjoy the scenic drive to Sorrento and travel upon the Ferry to Queenscliff. Residents basked in the sun and enjoyed the cool sea breeze. The conversation focused on fondly reminiscing on days spent fishing or at the beach with families. The reminiscing swiftly ceased as eyes became captivated by frolicking dolphins that swam gracefully alongside the hull. Upon arrival in Queenscliff, one resident was delighted to spot the familiar face of his son in the crowd (little did he know this surprise was not just coincidental). All sat down to indulge in a fish and chip lunch before boarding the ferry once more to head homeward while savouring ice cream and admiring the expanse of the beautiful blue sea beneath them.



Oktoberfest

Prost to Oktoberfest! Residents and staff had a ball during our annual Oktoberfest celebration on Friday, October 21st. Festivities commenced with a screening of the classic film Heidi before all were invited to sit down to a traditional feast in our makeshift beer hall. We then headed to Munich for a culturally immersive armchair travel experience and continued to celebrate through to the evening chicken dance after chicken dance.



Halloween Fun

“When witches go riding, and black cats are seen, the moon laughs and whispers tis near Halloween.”

Residents and staff alike had a ball during our Halloween celebrations.

Dressed in their spooky best, all were invited to an eerie evening happy hour in which creepy treats were served, and costumes were paraded to the tune of the “Monster mash.”

We hope our TTHA community had a happy and safe All Hallows Eve.



Stay safe, everyone!
Elise and the Lifestyle team



KITCHEN UPDATE



Greetings from the kitchen team, With the warmer weather, the kitchen team is looking forward to offering more summery options with salads and light meals.

We have continued to improve the offerings and now have self-serve fridges in all wings with treats like jelly, chocolate mousse and cold drinks.

October was especially busy with our Oktoberfest lunch in the café, which was a great success; we also celebrated Oktoberfest with the residents and staff, which was a great hit. Then the kitchen and café team assisted with the TSA Oktoberfest celebrations in the hall, preparing and serving the food.

We are in the final stages of finalising the summer menu, which we can expect to roll out in early December; we can expect a few lighter meals, such as mixed charcuterie, lemon & asparagus pasta and caramel mousse.

The café will also see a few changes to the menu that will fit in with the changing seasons! Again, if you have any suggestions for the menu or the café menu, we welcome your feedback. Happy Summer, all!

Gus & The Kitchen/Cafe Team



Mixed Charcuterie



Lemon and Asparagus Pasta



Caramel Mousse



Ice Cream Sundae

QUALITY UPDATE



Happy Summer,
Everyone!

With guidelines and the current climate constantly changing, we have been busy!

Consumer Advisory Committee

TTHA and Accent Home Care continue to strive for consumer involvement in developing and designing care and services delivered to our consumers.

We have always encouraged participation in our Resident and Representatives meeting, where we share information about what is happening within the service, and our Food Focus Committee, including involvement in the development of menu planning. As well as encouraging our consumers and representatives to provide feedback through our Compliments, Comments and Complaints system and actively being involved in various surveys which assist us in enhancing our Plan for our Continuous Improvement program.

We want to strengthen this involvement in 2023 and seek consumers who wish to partner with TTHA and AHC and form a **Consumer Advisory Committee**. We welcome consumer advisors of all ages from Culturally and Linguistically Diverse communities with diverse backgrounds, cultures and religions, people from the LGBTQI+ community, Aboriginal and Torres Strait Islander communities, people living with dementia and others with a variety of experiences.

We want to open expressions of interest from consumers who wish to be Consumer Advisors.

Consumer Advisors can be involved in many and varied ways:

- They can attend one or more of TTHA residential services meetings such as the Medication Advisory Committee, Clinical Quality and Governance Committee, Occupational Health and Safety Committee;
- They can attend Accent Home Care meetings such as the Clinical Quality and Governance Committee and Occupational Health and Safety Committee;
- They can form and attend the Consumer Advisory Committee, with or without attending other committee meetings.

The Consumer Advisory Committee will meet to discuss the care and services provided. This is an opportunity to plan and develop improvements within the services to create the best possible experience for consumers and ensure that the care provided is delivered safely, is collaborative and responsive to the needs of the people we care for.

If you would like to express your interest in the Consumer Advisory Committee, please see Elise Kruizinga- Lifestyle Co-ordinator Residential Services, or email ttha@ttha.org.au and nominate your interest for either Residential or Home Care committees.

Please note that participation in some meetings can be lengthy and may be discussed individually for suitability of involvement, and may require participants to sign confidentiality agreements and comply with our Privacy Policy and TTHA Code of Conduct.

Food Services Survey

TTHA recently completed a survey with residents and representatives on the food and dining experience at TTHA.

There were approximately 90 respondents to the survey, and we thank you for assisting and providing this vital feedback.

There were many positive responses which were tremendous and reassuring. Along with the positive, there were also areas open for improvement and change, which have been added to our plan for continuous improvement.

An interesting theme was regarding the evening meal, which corresponds with the feedback we have recently been receiving. Forty-two respondents did not want a heavy evening meal, with a preference for a light meal only (11 responses) or soup and sandwiches for dinner (31 responses).

Only 30 respondents said they preferred having a main meal at lunch and dinner. The remainder of respondents may have completed the survey twice (either by the resident or by the resident and their representative) with conflicting answers or have answered the question with multiple conflicting answers. We will continue to monitor progress as improvements are implemented and encourage feedback and participation in the Food Focus Committee.

COVID Update

As the rest of Victoria returns to a COVID normal way of living, with reduced isolation requirements and monitoring.

The Aged Care sector is still required to comply with Government directives.

These include;

- All visitors complete a rapid antigen test (RAT) the day before visiting or have a negative PCR test result within 24 hours before entry.
- All visitors must be recorded and complete the attestation.

- Visits are to occur in residents' rooms or outdoor spaces and not be held in communal areas of the service.

- Visitor bookings are preferred to enable staff to complete the entry process and ensure that the continuity of care and services can still be delivered to the residents.

- All staff and visitors must continue to wear a face covering (covering both the nose and the mouth) for the duration of the visit.

TTHA continues to wear N95 face masks while we assess the risk of the reduced isolation requirements for the general community.

If you require RATs to enable you to complete them at home before visiting, please see reception.

We thank you for your ongoing understanding and support with these requirements.

Café Visits

Visits to the café can be facilitated, where visitors are not required to complete a rapid antigen test, as with any other visit to a café or restaurant. We ask that you do not enter the Aged Care Home to pick up or return any consumers.

It is preferred that these visits are scheduled so staff can be notified and ensure the resident can safely get to the café at the designated time.

Please note that café visits between 11:30 am and 1:30 pm, where staff are required to take the resident to and from the café, may experience significant time delays. Staff priority during this time is to ensure that all residents are assisted and supervised throughout the dining experience.

Kitty Fausett
Quality Manager



Christmas Fundraising Raffle

Tickets are \$2.00 each

OR

3 tickets for \$5.00

1st Prize Weber Family Q valued over \$1000

2nd Prize Wellness Pack valued over \$500

3rd Prize Red Balloon Pack valued over \$250

4th Prize Coffee Machine & Christmas
pudding hamper valued over \$200

With many more prizes to win!



**Please pay at reception
with cash or EFT or QR code above**

Raffle drawn on Friday 16th December



TAX DEDUCTIBLE DONATIONS!

I enclose a cheque for: \$10 \$30 \$50 \$100 Other: \$ _____

I would like to make a cash donation of: \$10 \$30 \$50 \$100 Other: \$ _____

Credit card donations are available at reception; please call 8720 1333 for more information.

TTHA IS A NON-PROFIT ORGANISATION. DONATIONS OF \$2 AND OVER ARE TAX DEDUCTIBLE

Your donations will significantly contribute to TTHA's commitment to improving the lives and well-being of our residents through activities, resources and the ongoing development of our facility and services. Your contribution will make a difference.

Mr./Mrs./Miss/Other _____

Name _____

Address _____

Suburb _____ State _____ Postcode _____

Phone _____ Email _____

Donate directly online - www.ttha.org.au/give-now

Confidentiality and Privacy: TTHA respects your privacy. By providing your email address, you will automatically be added to our Newsletter distribution list. If you prefer not to receive our communications, please unsubscribe. We keep your bank account details confidential. **Address:** 31-41 Elizabeth St, Bayswater, Vic. 3153 | **Telephone:** 03 8720 1333 | **Fax:** 03 9729 9356 | **Email:** ttha@ttha.org.au |

Make a difference – Leave a gift in your will.

A bequest is a gift made as part of your will. It may be money, shares, property or other valuable items. In addition to leaving a gift in your will to family and other loved ones, we invite you to consider a gift to TTHA in your will. With a legacy donation, you will give a helping hand to the residents of TTHA who need it most. Your bequest will make an unforgettable difference to our facility, ensuring you enrich the lives of those living at TTHA. We welcome the opportunity to discuss how your financial support can make a difference to TTHA and how you wish to be remembered.